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Monday, September 10, 2012
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Fatal crash a 'cruel irony'

Two dead. Lighthearted event meant to promote road safety turns solemn after incident on deadly highway

 **JEREMY NOLAIS**
 Metro in Calgary

Just hours before hundreds of northern Alberta residents gathered to have some fun and discuss road safety, two people lost their lives on one of the province's most notorious highways, while a young boy was left clinging to life.

Shortly before 9 a.m. RCMP and STARS air ambulance responded to reports of a two-vehicle crash on Highway 63, just north of Wandering River. A 52-year-old female driver and

a 28-year-old male passenger in the other vehicle were both pronounced dead on the scene.

STARS spokesperson Cam Heke said an eight-year-old was flown in life-threatening condition to an Edmonton hospital.

The tragedy cast a pall over the Summer Safety Jam later in the day. The event intends to raise awareness about safety on Fort McMurray-area roadways, including Highway 63, but generally maintains a lighthearted atmosphere, said area resident Theresa Wells, who runs a blog called McMurray Musings.

This time around, things were much different.

"It's cruel irony," Wells said. "The mood was definitely quieter."

Earlier this year, the Tory government announced it was planning to fast-track the twinning of the highway and

Lives lost

The identities of those killed in Sunday's crash on Highway 63 have not been released.

appointed a special adviser to keep Transportation Minister Ric McIver apprised of the situation.

But the NDP were quick to criticize the government in the hours following Sunday's crash.

"It's hard not to get cynical when you see press releases and not enough action," party transportation critic Deron Bilous said in a statement.

McIver, however, said a lot of progress has been made on the highway and accused the opposition party of playing "political football" with a tragic situation.

Not a rat in Medicine Hat

City goes a week without finding a single member of once highly-active infestation PAGE 3

Avro Arrow bid shot down

Alternative to the purchase of F-35 stealth fighter jets turned down by feds PAGE 16

From rugrats to bookworms

Try these eight unique strategies to get your kids into reading PAGE 29



O ROMEO, ROMEO

The group Hey Romeo, from Alberta, hoist their award for group or duo of the year at the Canadian Country Music Awards in Saskatoon on Sunday. For more on the awards show, see page 24. LIAM RICHARDS/THE CANADIAN PRESS

What does your freedom look like?
 Turn to page 7.



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Vermin. 'Next to no rat activity' in Medicine Hat: Official

They have either scurried out of sight or succumbed to poisoned bait, but regardless, Medicine Hat's rat battle appears to have hit a turning point.

Ed Jollymore, the southern Alberta city's solid waste utility manager, said it has been a little over a week since his crews found a dead rat carcass, likely meaning the original pack, discovered last month in the local landfill, has shrunk significantly.

"We are almost seeing a textbook response," Jollymore said. "The rats have fed very heavily on the baited water and bait and they're dying."

To date, efforts to suppress the city's infestation have led to a 148-strong vermin body count.

The majority of those were found in the landfill area, but 19 were found in surrounding Cypress County and another 18 bodies were located within city limits.

Jollymore said those found outside of the landfill were travelling alone, meaning they were likely strays or scouts. Officials are optimistic just the one colony at the landfill has been established, he added.

"On one hand, we'd like to be jubilant and celebrate," he said. "On the other, it's just too early. Rats tend to be very persistent."

Jason Storch, an agricultural fieldman with Cypress County, said the big test will come in a few weeks' time, when crews began to disrupt the location of the suspected nest.

"We are seeing next to no rat activity.... We have just got to keep at this until it's all gone," he said.

JEREMY NOLAIS/METRO IN CALGARY



Anne Butler, left, and Sharon Monson, both special-needs teaching assistants, work on a poster Sunday afternoon in advance of the strike at Edmonton Catholic Schools, which will begin today. RYAN TUMILTY/METRO

School support workers set to hit the picket line

Schools to remain open. Vote scheduled for later this week could end strike

RYAN TUMILTY
ryan.tumilty@metronews.ca

Support workers in Edmonton Catholic schools will hit the picket lines this morning.

About 1,000 teaching assistants, special-needs assistants, secretaries, librarians and other support workers will set up a picket line at the board's office, starting at 8 a.m.

Schools will remain open

and the board is aiming to keep everything as normal as possible, but there will be disruptions.

"This will not be just a normal day in school tomorrow, because these are very valuable employees who play critical roles," said board spokesperson Lori Nagy.

Working hours, along with wages, are the primary issues in the negotiation, according to the union.

"They are giving us more and more to do with less time to do it," said Daniel Burrell, with the Edmonton Catholic Support Staff Association. "If you get a three per cent wage increase, but your time is cut by 12 per cent, you are taking

By the numbers

- About 25 special-needs students may have to stay home, if alternative arrangements can't be made.
- In the first vote on the board's offer, 479 out of 916 union members voted.
- In the first vote, 277 workers rejected the board's deal and 202 supported it.

home less money." The board's last offer

pledged to discuss those issues and provide a 4.54 per cent wage increase in the first year and a pledge to look at possible increases in the second year.

The board tweaked its deal after it was first rejected last week, but the union declined it to a vote saying the changes were not significant.

The Alberta Labour Relations Board ordered a new vote, which will be held Tuesday and Wednesday. If the new offer is ratified workers will return to the job Thursday.

Burrell said, at least for the first few days of the strike, they plan to picket at non-school sites like the board of

Mobile news



Ever wonder what the Royal Family would look like as the undead? Canadian 'Zombie Illustrator' Rob Sacchetto has. Scan the code to view the artist's ghoulish gallery.

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NEWS

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Monday, September 10, 2012



Kris Andreychuk, left, and Chris Chan, seen here at the Bikeworks shop on the north side that opened five months ago, are hoping to get the wheels turning even faster at The Spoke program. HEATHER MCINTYRE/METRO

Bike program ready to shift into high gear

The Spoke. New location has brought new hope and vigour for organizers



HEATHER MCINTYRE
heather.mcintyre@metronews.ca

It is said one never forgets how to ride a bike.

At The Spoke, the hope is youth never forget how to repair and maintain one, either.

The program, started by the Edmonton Police Service's Neighbourhood Empowerment Team (NET) on 118 Avenue and now run by the Edmonton Bicycle

Commuters' (EBC) Society, is finding success in its new home — and is planning for more.

EBC's Bikeworks, primarily located on 100 Street and 80 Avenue, opened a second location at 93 Street and 111 Avenue back in April.

"The south shop is always running at capacity," said executive director Chris Chan. "But basically the primary driving factor was to make a home for The Spoke."

The volunteer-run program teaches youth between the ages of 12 and 17 how to essentially build a bike — and they get to keep it afterwards, too.

"It's neat to see the youth riding the bikes they spent

so much time building," said Kris Andreychuk, NET social worker.

Two of the six-week Wednesday evening sessions have run since the new location opened.

"The plan is to have the program running continuously," said Chan. "So six weeks, then one week off, then six weeks, one week off."

"And if we get enough volunteers, enough demand, we could increase that (to) having multiple sessions running concurrently on different days."

To participate, youth must be nominated — by themselves or someone else. For more information, visit edmontonbikes.ca.

By the numbers

- 24. The number of young people who have graduated from the program.
- 4. The number who have returned to participate again in some way or volunteered with the program.
- 6-8. That's the number of youth who are accepted into each six-week session.
- 0. Zero is paid, as grants and donations help keep the program up and running.

In the beginning

The start of The Spoke

When he was called to a community meeting to address the issue of youth stealing bikes, Kris Andreychuk said, "Well, if they're interested in bikes, maybe we could start a bike shop."

The social worker with the Edmonton Police Service's Neighbourhood Empowerment Team on 118 Avenue said it was initially a "smart-alec remark," but he put his head together with Chris Chan, executive

director of the Edmonton Bicycle Commuters Society and, soon enough, The Spoke was born.

It began in April 2010, and ran three sessions out of the old Alberta Cycle building on 118 Avenue. Renovations forced a move, which is when the EBC stepped up with their space — and eventually took over running the program.

It also made a change from focusing on at-risk youth to any who would like to participate, though many who are nominated have tough lives, said Andreychuk.

"It would be crazy to

think that six weeks would make a substantial impact ... but we like to think of The Spoke as just a taste of an opportunity."

HEATHER MCINTYRE

How it works

Components of the program

According to Chris Chan, executive director of the Edmonton Bicycle Commuters' Society, The Spoke is a semi-structured program.

"In the first week, they pick out a bike they'd like

to work on, and then we ... say this is how the bike is going to work for you in terms of the size, the fit ... (and) this is what we're going to have to work on over the next five-and-a-half weeks," he said.

In the following sessions, mini lectures are provided on specific skills, such as fixing a flat, fixing breaks or shifting gears.

Work from then on is also mostly one-on-one with a volunteer.

At the end, participants are provided with a lunch and a lock — and a graduation ride.

HEATHER MCINTYRE

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Graffiti artist Jackson Troschl works on a project during the Kaledio festival on Alberta Avenue Sunday. RYAN TUMILTY/METRO

Kaledio festival welcomes crowds in record numbers

Alberta Avenue.
Good weather brings thousands to seventh annual festival

RYAN
TUMILTY
ryan.tumilty@metronews.ca

In its seventh year, the Kaledio festival on Alberta Avenue

broke attendance records as thousands came out to the family arts festival.

"We have already broken our records. At this point we've already had over 25,000 people come out. For the two days we are looking at probably reaching 35,000," said festival director Christy Morin.

Early on Sunday afternoon hundreds were out wandering the site, a stretch of 118 Avenue from 91 to 94 Street,

to check out artists painting in the street, musicians playing from balconies and dancers from a variety of cultures on stage.

The festival also featured a variety of vendors selling art and jewellery.

"The weather has been an absolute blessing for us so that has gone exceedingly well."

Morin said the festival has grown along with the revitalization efforts along the

Quoted

"It is creating rituals together and I think ritual is how a community really grows."

Christy Morin, festival director

Avenue. She said she festival really brings the community together.

"It is creating rituals together and I think ritual is how a community really grows," she said. "It is like a big party for the whole neighbourhood."

Morin, who also serves as artistic director of the Arts on the Avenue group, credited the mayor and city council for making a concentrated effort to improve the area.

"The hard work of the community is really coming to fruition."

Positive response

Whyte Ave. Café sets event for window repair

A Whyte Avenue Café called on the community to help repair its broken window with a plan to sell a thousand cups of coffee Sunday.

Bryan Saunders, the store's community manager, said 1,000 cups is a rough approximation of what the café needed to recoup the cost of \$3,000-\$4,000 in damage resulting from someone smashing their front window and sign.

Saunders said the café wanted to do something positive in response.

As of press time the café had sold 700 cups and was expecting to reach its goal.

RYAN TUMILTY/METRO

Apartment complex

Nearly 50 homeless after Fort Mac fire

Approximately 48 people were left homeless in Fort McMurray Saturday when their apartment complex burned to the ground.

No cause has yet been determined, but the 34-unit complex at 200 Signal Road was a complete loss.

Rebecca Wade, deputy director of the regional municipality of Wood Buffalo's emergency management, said 28 of the units were occupied and all of the tenants got out safely.

The leasing company is working with residents to help them find alternate accommodations.

RYAN TUMILTY/METRO

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Blast kills more than a dozen

Syria. Concern grows that civil war is providing new forum for foreign jihadists

A car bomb ripped through Syria's largest city of Aleppo on Sunday, killing at least 17 people and wounding 40 in one of the main battlegrounds of the country's civil war, state-run media said.

No group immediately claimed responsibility for the attack. SANA blamed terrorists, the term the regime uses for rebels.

Al-Qaida-style bombings have become increasingly common in Syria, and Western officials say there is little doubt that Islamist extremists, some associated with the terror network, have made inroads in the country as instability has spread. But the main fighting force looking to oust president

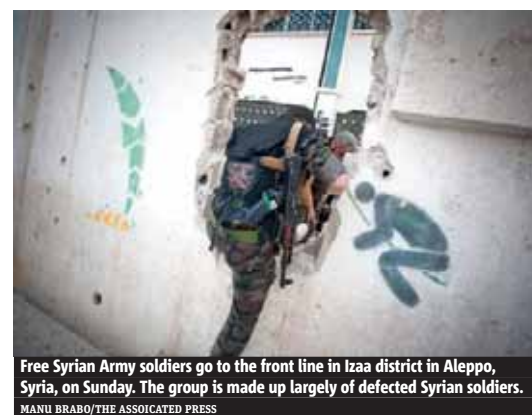
The fight for Aleppo

- Aleppo's fall would give the opposition a major strategic victory with a stronghold in the north, near the Turkish border.
- A rebel defeat, at the very least, would buy Assad more time.

Bashar Assad is the Free Syrian Army, a group made up largely

of defected Syrian soldiers.

Fighting also raged elsewhere in Syria, with at least 58 people reported killed and scores wounded, according to the Syrian Observatory for Human Rights. That figure excluded the car bomb but included eight killed in an air raid earlier in Aleppo that flattened a residential building. The Free Syrian Army said the strikes came hours after rebels overran army barracks in the Hananu neighbourhood. **THE ASSOCIATED PRESS**



Free Syrian Army soldiers go to the front line in Izaa district in Aleppo, Syria, on Sunday. The group is made up largely of defected Syrian soldiers. MANU BRABO/THE ASSOCIATED PRESS

Inaccurate texts

Al-Jazeera says hackers sent false news alerts

Al-Jazeera says hackers have targeted the Qatar-based TV satellite channel for the second time in a week, sending out false news reports on its mobile phone alert service.

A pro-Damascus group known as the Syrian Electronic Army quickly claimed responsibility for the Sunday hack on Twitter. Qatar is a harsh critic of the Syrian regime and a leading backer of the rebels.

The inaccurate texts sent included a claim that the Qatari prime minister had escaped an assassination attempt. A spokesman says an investigation is ongoing.

Hackers posted a pro-Syrian statement on Al-Jazeera's website last week. **THE ASSOCIATED PRESS**

No honeymoon

Syrian couple weds in Jordan refugee camp

Snakes, scorpions and swirling dust didn't deter a Syrian couple from getting married at Jordan's tent city for refugees.

A carpenter, Hodasa al-Hariri, 23, married his 20-year-old cousin, Hanan al-Hariri, in a simple ceremony on Sunday at the Zaatar camp.

The bride was dressed in a bright pink dress and white headscarf.

The groom said the couple decided to wed in the camp because the crisis in Syria was dragging on and they "expect to be in the camp for a long time."

The couple won't be going away for a honeymoon. The 27,000 refugees are not allowed to leave the camp.

THE ASSOCIATED PRESS



Call to release prisoners

A Jordanian Salafist holds a Qur'an during a demonstration calling for the release of prisoners outside the prime minister's office in Amman on Sunday. A Jordanian militant leader linked to al-Qaida warned Sunday that his extremist group will launch "deadly attacks" in neighbouring Syria to topple President Bashar Assad, as Damascus lashed out at France for backing Syrian rebels. **RAAD ADAYLEH/THE ASSOCIATED PRESS**



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Leveraging upward.

A stolen SIN number and a forged birth certificate give thieves the ability to obtain more important IDs

Criminals are increasingly using stolen social insurance numbers and doctored birth certificates to obtain legitimate driver's licences and passports, an internal RCMP report says.

And by leveraging pilfered or forged identity markers into higher-value IDs, criminals can sidestep tough anti-counterfeiting features built into government-issued identity documents, including a pending upgrade of passports with biometric chips.

"Identities are being overtaken, altered or created, facilitating a number of other crimes, including many variations of fraud, typically for financial gain or to conceal a



The RCMP says other official documents are being used to sign up for legitimate passports. THE CANADIAN PRESS FILE

true identity," says the March 2011 report from the RCMP's criminal intelligence division.

It points to a rising use of "breeder" documents — identity records such as social in-

surance numbers, birth or citizenship certificates — that are stolen, tampered with, then used to sign up for credit cards or valid forms of identity.

The report suggests Ot-

tawa's recent move to stop issuing SIN cards, instead sending the information in a letter, may not hinder identity thieves who skim someone's mail or pick through

their garbage looking for the nine-digit number.

The report says the failure of governments to cross-check the authenticity of documents used in applications allows fraudsters to stitch together a "synthetic" identity, combining a stolen social insurance number or altered birth certificate with a made-up name and date of birth.

That means a social insurance number can be successfully paired with an entirely different name on a government application form, since the two are not routinely checked for a match, it says.

And online applications make it easier for criminals to avoid face-to-face interactions when committing identity fraud, the report notes.

Though obtaining credit cards is the No. 1 goal for fraudsters, they're also exploiting gaps in the way numerous official identity documents are issued to acquire a federal passport or driver's license, according to the RCMP.

THE CANADIAN PRESS

The problem

ID theft now a growth industry

Some 17,000 Canadians lost more than \$13-million to identity fraud last year, twice the dollar loss reported in 2007, according to figures collected by the Canadian Anti-Fraud Centre, a federal organization which tracks identity crime.

Having a credit check done at least once a year and keeping an eye out for missing bills are two ways people can protect themselves against the more than two-dozen types of identity crime, it recommended.

And once bills and government letters have been read? "Shred them."

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Earthquake survivors in China wait for supplies

Mountainous area.

More tremors hinder rescue efforts; by noon Sunday, there had been 279 aftershocks

Survivors of a series of earthquakes that killed 81 people and injured more than 800 in a mountainous area of south-western China were desperately waiting for more aid to arrive Sunday.

They were waiting as jolting aftershocks were keeping fears high and hindering rescue efforts.

The latest victim was a two-year-old child who was hit by a falling wall as an aftershock struck Saturday night, the state-run Xinhua News Agency reported.

The first earthquakes struck Friday in a region of small farms and mines near the border between Guizhou and Yunnan provinces, where some of China's poorest people live.

They toppled thousands of homes and sent boulders

Quake zone

The first earthquakes struck Friday in a region of small farms and mines near the border between Guizhou and Yunnan provinces, where some of China's poorest people live.

- The first magnitude-5.6 quake struck just before 11:30 a.m. Friday and was followed by an equally strong quake shortly after noon. Though of moderate strength, the quakes were shallow, which often cause more damage than deeper ones.

- In 2008, a 7.9-magnitude quake in Sichuan province, just north of Yunnan, left 90,000 dead.

cascading across roads, and authorities evacuated more than 200,000 villagers.

The aftershocks on Sunday were raising fears of more injuries and fatalities.

THE ASSOCIATED PRESS



Zhu Yinquan, left, helps a woman who lost her seven-year-old daughter in Friday's earthquake in Yunnan province. THE ASSOCIATED PRESS



Tariq al-Hashemi, Iraq's former VP, fled to Turkey when charged.
THE ASSOCIATED PRESS

Fugitive former VP of Iraq sentenced to death

Iraq's fugitive Sunni vice-president was sentenced Sunday to death by hanging on charges he masterminded death squads against rivals in a terror trial that has fueled sectarian tensions in the country.

Underscoring the instability, insurgents unleashed an onslaught of bombings and shootings across Iraq, killing

at least 92 people in one of the deadliest days this year.

It's unlikely that the attacks in 13 cities were all timed to coincide with the afternoon verdict that capped a monthlong case against Vice-President Tariq al-Hashemi, a longtime foe of Shiite Prime Minister Nouri al-Maliki.

Still, taken together, the

violence and verdict could energize Sunni insurgents bent on returning Iraq to the brink of civil war by targeting Shiites and undermining the government.

Al-Hashemi fled to Turkey in the months after the Shiite-led government accused him of playing a role in 150 bombings and assassinations.

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Only in Canada. Flu shots made people even more susceptible to pandemic

A strange vaccine-related phenomenon spotted at the start of the 2009 flu pandemic may well have been real, a new study suggests.

Canadian researchers noticed in the early weeks of the pandemic that people who got a flu shot for the 2008-2009 winter seemed to be more likely to get infected with the pandemic virus than people who hadn't received a flu shot.

Five studies done in several provinces showed the same results. But initially research outside of Canada did not, and the effect was dismissed as "the Canadian problem."

News of the unexpected findings broke at a time when countries in North America and parts of Europe were getting ready to start vaccinating their populations against the pandemic virus.

Some jurisdictions were also trying to figure out whether to offer the seasonal flu vaccine they had purchased — similar to the 2008-2009 shot — along with the pandemic vaccine, in case the seasonal flu viruses continued to circulate. Quebec opted not to offer the season-

Pandemic flu

The U.S. Centers for Disease Control recommend seeing a physician if the following symptoms occur:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- Low temperature

al vaccine because of the concerns raised by the studies.

Many people in the public health community found the whole event unhelpful, and many rejected the findings. Some suggested if there was a problem, it might have been with the flu vaccine used in Canada, because the problem wasn't seen elsewhere.

THE CANADIAN PRESS



Cyclists fight kids' cancer

Diane Klich and Paul Berendson, who are taking part in the Sears National Kids Cancer Ride from Vancouver to Halifax, stopped for a break in Winnipeg Sunday and got a hug from Ben the Sears Charity Bear. They hope to raise \$1.5 million to help fight cancer. Follow them at metronews.ca. SHANE GIBSON/METRO IN WINNIPEG

Mammal minesweepers. Canadians watched U.S. Navy dolphins in action

Canadian soldiers got an up-close look at bomb-detecting dolphins during a military training exercise with the Americans off the coast of British Columbia, a newly released document shows.

The U.S. Navy brought four bottlenose dolphins and a support team to Esquimalt, B.C., last year to practise anti-mine tactics as part of Exercise Trident Fury. The training operation took place in May 2011 and involved the armed forces and coast guards of Canada and the United States.

A briefing note to the chief of maritime staff described the exercise as a rare opportunity for the Canadian

Underwater allies

Mine-detecting dolphins have served for a long time:

- The U.S. Navy has been training dolphins and sea lions since the 1960s.
- During the 2003 invasion of Iraq, navy dolphins helped U.S. forces clear anti-ship mines and underwater booby traps.

military to gain valuable experience working with the animals — something it currently does not do.

THE CANADIAN PRESS

Suburban Montreal

Tornado turns off hydro for 90,000

A small tornado hit an area northeast of Montreal on Saturday as part of a storm that left more than 90,000 homes and businesses without power.

Rene Heroux of Environ-

ment Canada says wind speeds hit 120 km/h in Drummondville, Que., tearing off the roof of at least one building.

It was the fifth tornado of the season in Quebec.

There were about 2,400 Hydro-Quebec clients still without power across the province on Sunday afternoon. THE CANADIAN PRESS

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Prince Harry gives a thumbs-up Friday as he walks past the Apache flightline at Camp Bastion in Afghanistan, where he will be operating from during his tour of duty as a co-pilot gunner. JOHN STILLWELL, POOL/THE ASSOCIATED PRESS

Not so Nobel

Chinese prize peace their way

Former UN secretary general Kofi Annan, Thailand's prime minister and Microsoft founder Bill Gates are among those nominated for a Chinese alternative "peace prize."

Organizers of the Confucius Peace Prize announced the nominees Sunday for the accolade that last year went to Russia's Vladimir Putin.

The China International

Peace Research Center launched the prize in 2010 in an apparent attempt to counter that year's Nobel Peace Prize which went to jailed Chinese dissident writer Liu Xiaobo. He is serving an 11-year prison sentence for co-authoring an appeal for political reform.

Liu's win enraged the government and Chinese nationalists, who accused the Nobel committee of interfering in China's legal system as part of a plot to bring the nation down in disgrace.

THE ASSOCIATED PRESS

What a dolphin

This Flipper won't hear of moving

A deaf dolphin found stranded in March off the Louisiana coast is being taken to live at a facility in Mississippi. Suzanne Smith, rescue co-ordinator at the Audubon Nature Institute, says he would be unable to survive in the wild. Deafness is probably the reason he was found sunburned and stranded on a mudflat.

THE ASSOCIATED PRESS



A two-year-old deaf dolphin is fed in New Orleans last week. AUDUBON NATURE INSTITUTE/THE ASSOCIATED PRESS

Prince to give 'copter missions a whirl

Second tour of duty.

British royal returns to Afghanistan to fly attack helicopters in fight against Taliban

Prince Harry is finishing his first phase of initial training at Camp Bastion in Afghanistan.

The 27-year-old army captain arrived in Afghanistan for his second tour there on Friday but will not start flying Apache helicopter missions for at least seven more days.

On Sunday, the third-in-

line to the British throne was expected to complete his two-day course in first aid, shooting, and roadside-bomb awareness.

He then is to start Apache-specific preparation Monday, where he will begin to familiarize himself with the helicopter's configurations for Afghanistan.

The prince's previous posting as a battlefield air-traffic controller in Afghanistan in late 2007 and early 2008 lasted only 10 weeks. It was cut short amid fears for his safety after his deployment was made public.

THE ASSOCIATED PRESS

One less corgi in the palace. Queen's dog dies

Buckingham Palace says one of Queen Elizabeth II's corgis, who took a star turn in the James Bond sketch during the Olympics opening ceremony, has died.

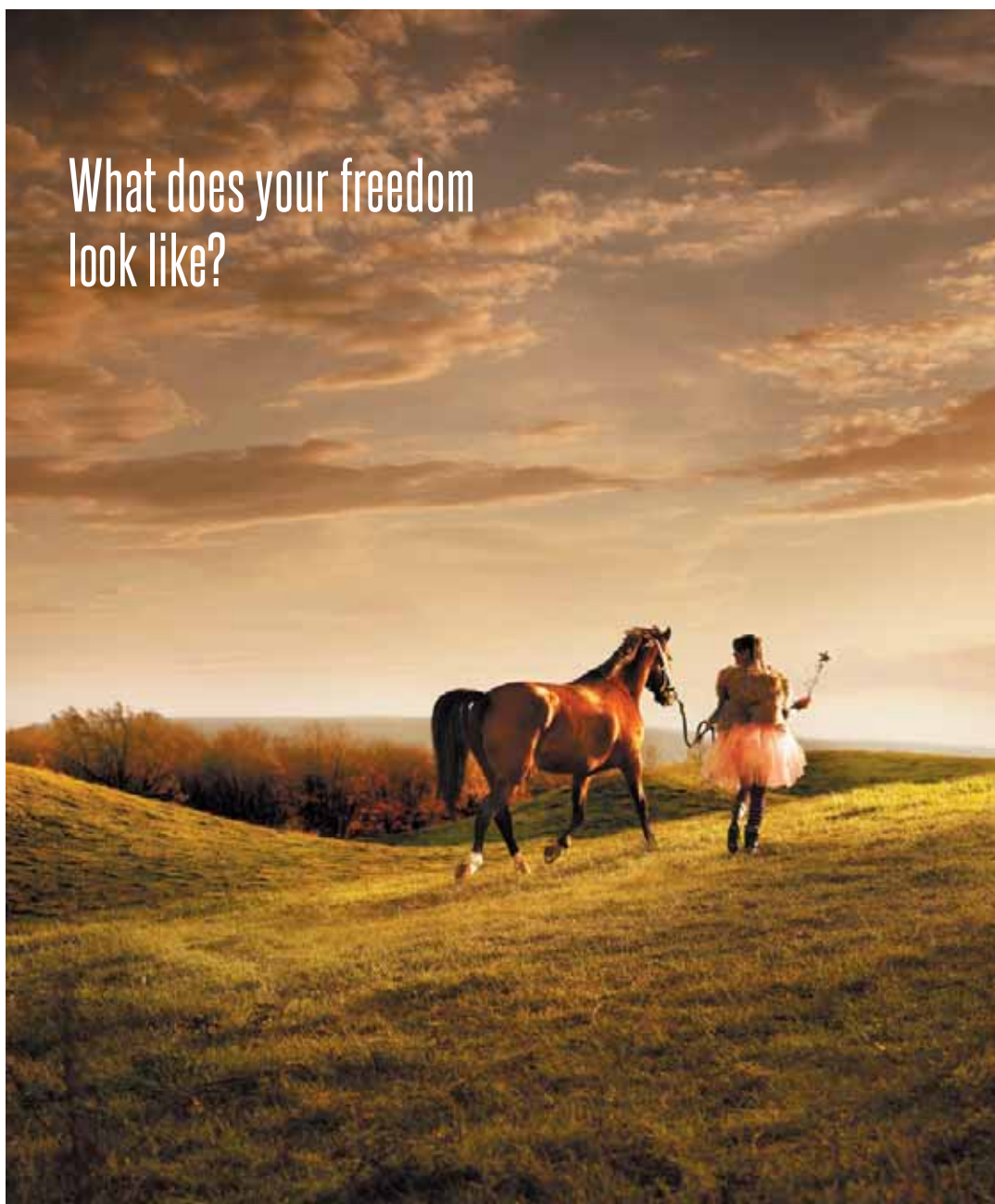
Monty and two other of the queen's beloved corgis appeared in a James Bond sketch during the opening ceremony, greeting Daniel Craig's James Bond as he arrived at the palace to accept a mission from the monarch.

The palace on Sunday con-

firmed that Monty — who was previously owned by the Queen Mother — had died. It did not provide details on when or how Monty died, or the age of the dog, but added that another of the queen's pets, dachshund-corgi crossbreed Cider, also had died.

With the death of Monty, Queen Elizabeth II now has two corgis in the palace — Willow and Holly — both of whom also appeared in the Olympics sketch. THE ASSOCIATED PRESS

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What Iran does over embassy row won't be a surprise: PM

Diplomatic fallout. NDP Foreign Affairs critic Paul Dewar has said the Canadian embassy closure in Iran has removed Canada as a potential player in the Middle East

With Iran branding his government a hostile stooge of Israel and Britain, Prime Minister Stephen Harper said Sunday that nothing Iran does in response to Canada's severing of diplomatic ties would surprise him.

Harper also pledged that Canada will work through its allies to help three of its citizens still in Iranian prisons. Questions surrounding their fate have become a live issue following Canada's abrupt decision to close its Tehran embassy and expel Iranian diplomats

from Canada.

An Iranian lawmaker said his government would have a firm response, while a foreign ministry spokesman called the Harper government hostile and racist, and accused it of doing the bidding of Israel and Britain, according to Iran's Mehr news agency.

Harper said Canadian diplomats were recalled because of Iran's "capacity for increasingly bad behaviour."

"So nothing would surprise me. But that is all the more reason why it's essential that our Canadian personnel no longer be present," Harper told reporters on the final day of the Asia-Pacific Economic Co-operation summit.

"Do I anticipate specific actions? No, not necessarily, but, as I say, we should all know by now that this is a regime that does not stop at anything. So that's just the reality of the situation."

THE CANADIAN PRESS

Death sentence in Iran

- **Charged.** Toronto's Hamid Ghassemi-Shall, 43, who immigrated to Canada after Iran's 1979 Islamic revolution, faces a death sentence after being charged with espionage when he returned to visit family four years ago.
- **In limbo.** His wife, Antonella Mega, said she had been seeking the Canadian embassy's help to clarify reports her husband's death sentence has been suspended, and is unsure how effective the government's promise to make appeals through its allies will be. "I'm not sure how you instill a dialogue when you just cut off the dialogue," she said.



Leaders from Pacific-rim nations, including Prime Minister Stephen Harper, pose for a group photo on the final day of the APEC summit on Sunday in Vladivostok, Russia. MIKE BLANCHFIELD/THE CANADIAN PRESS

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Obama forces Romney's hand on health care

Focus shift. Republican candidate adopts two popular provisions in president's overhaul of health system

Republican challenger Mitt Romney disclosed on Sunday that he would keep several important parts of Barack Obama's overhaul of the American health care system, altering earlier vows for a blanket repeal of the president's most significant legislative achievement.

Health care was much on the minds of both candidates over the weekend as polls show an upswing in support for Obama following the Democratic National Convention.

Obama was drawing new attention to Romney's plans to alter Medicare, the gov-



Mitt Romney, U.S. presidential candidate. RICHMOND TIMES-DISPATCH, DEAN HOFFMEYER/THE ASSOCIATED PRESS

ernment health insurance system for the elderly, hitting the issue hard in Florida, a swing state with a vast population of retired Americans.

Realizing his potential vulnerability on health care

issues, Romney spelled out more details for the first time on what he foresees as his vision. "Our plan ... deals with pre-existing conditions and with young people," Romney said, adopting two of the most popular provisions in the hard-fought Obama overhaul. The health care overhaul bans insurance companies from refusing to cover people with pre-existing medical conditions and allows young people to remain covered under their parents' plan until age 26.

Obama aides believe they successfully forced Romney to temporarily drop his emphasis on the sluggish economy by raising the Medicare issue.

Republican analysts admit it did take Romney off his economic focus, which they say is essential for him to win the election.

THE ASSOCIATED PRESS



A whale of a kite festival

Kites fly in the sky during the annual Festival of the Winds kite flying festival on Bondi Beach on Sunday in Sydney, Australia. The annual event hosted by Waverley Council is Australia's largest kite flying festival.

MARK METCALFE/GETTY IMAGES

Storm heads for Newfoundland

The likelihood of tropical storm Leslie's centre making landfall in Newfoundland this week is high and its effects will be far-reaching, the Canadian Hurricane Centre said Sunday.

Chris Fogarty, manager of the centre in Halifax, said it's difficult to predict where in Newfoundland the storm will land because its circulation is about 800 kilometres

in diameter.

Fogarty said winds could gust up to 100 km/h in Newfoundland and Cape Breton when it hits on Tuesday.

He said a front that was stalled over New Brunswick and western Nova Scotia on Sunday will merge with some of Leslie's moisture and clouds when it arrives, significantly increasing the threat of heavy rainfall.

Newfoundland, Nova Scotia and P.E.I. could see 100 to 150 millimetres of rain over about 36 hours, Fogarty said.

He said Leslie was expected to reach hurricane status sometime Sunday or Monday.

Forecasters said the small Category 2 hurricane Michael will likely be pushed northward out of the area by Leslie.

THE CANADIAN PRESS

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A bear hug for Barack

U.S. President Barack Obama is picked up and lifted off the ground by Scott Van Duzer, owner of Big Apple Pizza and Pasta Italian Restaurant, during an unannounced stop Sunday in Ft. Pierce, Fla.

PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

Kosovo conflict. Witness gives detailed account of harvesting captives' organs

A Serbian prosecutor said Sunday that a witness has come forward and testified "in detail" about how ethnic Albanian rebels allegedly harvested organs for trafficking from Serbs taken captive during a war in Kosovo, claims Albania and Kosovo have previously denied.

"We have a witness who testified about a medical procedure, done in northern Albania, that consisted of harvesting organs from Serbs kidnapped during the 1998-1999 conflict in Kosovo," said Serbia's war-crimes prosecutor Vladimir Vukcevic.

The alleged witness — a former Kosovo Albanian rebel whom Vukcevic did not identify by name — claims to have participated in a surgery involving harvesting a heart from a Serb captive in northern Albania and transporting it to the airport near Tirana, Albania's capital, Vukcevic told The Associated Press.

"We estimate that the information this witness has given is true," Vukcevic said, adding that Serbian prosecutors have been checking the witness' claims for

1998-99 war

- About 10,000 people died in Kosovo's 1998-99 war for independence before NATO intervened to force Serbia to end its brutal crackdown against Kosovo separatists and pull its troops out of the territory.
- Serbia has vowed never to recognize the independence of its former province, which many Serbians consider their nation's heartland.

more than a year.

The European Union has launched an investigation into claims of organ harvesting, but it was not immediately clear whether the EU investigation team, led by American prosecutor John Clint Williamson, was familiar with the alleged testimony. Vukcevic said he expected "that the witness' testimony will help prosecutor Williamson's probe."

THE ASSOCIATED PRESS

Estonia

Mock weight-loss ad depicts inmates of Nazi camp

Jewish organizations have denounced an Estonian newspaper for publishing a mock ad for weight-loss pills depicting emaciated prisoners at a Nazi concentration camp.

Sulev Vedler, deputy editor of Eesti Ekspress, says the mock ad, which ran in the paper's humour section, was poking fun at an Estonian gas company that recently used an image of Auschwitz to promote its services.

THE ASSOCIATED PRESS

Myanmar

Independence fighter invited back from exile

One of Myanmar's legendary Thirty Comrades, who spearheaded the struggle against British colonialism, has been invited back from exile by President Thein Sein. Kyaw Zaw, 92, fled to China in 1989.

THE ASSOCIATED PRESS

Putin takes shot at his critics during regional summit

Russia. President says it was the 'weak cranes' that didn't follow him in his effort to lead young Siberian cranes in recent flight

President Vladimir Putin struck back Sunday at the Russians who ridiculed his effort to lead young Siberian cranes in flight.

Like the youthful protesters on the streets of Moscow, some of the endangered birds refused to follow Putin as he took off in a motorized hang glider.

"It's true that not all flew right away, but the ones that didn't fly were the weak cranes," Putin said.

His barb, which drew a burst of applause, came as he wrapped up the Asia Pacific Economic Cooper-



Russian President Vladimir Putin speaks during a press conference in Russia, Sunday. MIKHAIL METZEL/AP

ation summit and provided some light relief after days of talks on free trade, food security and other serious issues.

Putin went on to spin a parable of sorts that made clear he was comparing the

wayward birds to the discontented Russians who had turned out in the tens of thousands this past winter to protest his 12-year rule.

The performance was a way for Putin to play up his role as host of the summit, which Russia used to showcase the potential of its resource-rich east, and for him to demonstrate his ability to put the opposition in its place.

On his way to Vladivostok for the summit, Putin stopped off at a Siberian ornithological research centre to participate in a project to teach cranes raised in captivity to follow an aircraft so they can be led on their southern migration to Central Asia.

Dressed in a white costume meant to imitate an adult crane, Putin made two flights in the hang glider with a pilot.

THE ASSOCIATED PRESS

Moscow suburb

Activist prepares to run for mayor

A prominent activist says she has been approved to run for mayor of a Moscow suburb in a vote considered key for the Russian opposition.

Yevgeniya Chirikova gained fame several years ago by leading a campaign to save a forest in the Moscow suburb of Khimki. The election is seen as a litmus test for opposition activists' electability and it could test the government's tolerance for dissent.

THE ASSOCIATED PRESS

Freetown

Sierra Leone gets tough with Iranian ships

Sierra Leone has removed the registration of 10 ships suspected of being Iranian. The executive director of the Sierra Leone Maritime Administration said Saturday that ships "hiding" under their flag have been de-registered. Syrian-owned ships are also not welcome to fly under the flag of Sierra Leone.

THE ASSOCIATED PRESS



In support of Pussy Riot

A masked spectator reacts during the concert organized to support jailed Pussy Riot musicians in St. Petersburg, Russia, Sunday. A Moscow judge has sentenced each of three members of the punk band to two years in jail on hooliganism charges. This followed a trial that brought international outrage. The charges were seen as a sign of Russia's intolerance to dissent. The band had spoken against the Putin government. DMITRY LOVETSKY/THE ASSOCIATED PRESS



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Arctic. Human remains may be from Franklin Expedition

Archeologists involved in the hunt for the wreckage of the Franklin Expedition in Canada's Arctic have discovered human remains they believe are from a member of the doomed crew.

Despite bad weather that has hampered some of their plans, the journey has been a productive one so far, says Marc-Andre Bernier, the chief of underwater archaeology for Parks Canada, and it should get

even better with the addition of an automated underwater vehicle from the University of Victoria.

At Erebus Bay, where at least a dozen members of the Franklin crew are known to have died, more human remains have been recovered.

"They did find a human tooth, and some bone and a toothbrush," Bernier said. "These were really exciting finds." **THE CANADIAN PRESS**

Libya. Wear, tear on jets were feared during mission: Docs

There was a fair amount of fretting within air-force ranks about the impact last year's bombing campaign in Libya was having on Canada's aging fleet of CF-18 fighter jets and the country's ability to keep pilots in the cockpits, newly released documents reveal.

The multi-role fighters were called upon to enforce a UN-sanctioned no-fly zone.

Soon after arriving in March 2011 at their forward

base in Trepani, Italy, the Canadian contingent found they were flying six missions per day — far more than air-force planners expected.

Two months into the protracted campaign, there was an intense internal debate about increasing the number of aircraft from seven to nine, prompting military planners to raise a caution flag about wear and tear on the fleet.

THE CANADIAN PRESS



Fallen firefighters grieved

Ron Walter and his daughter, Rachel, are pictured with a ceremonial firefighter's helmet in honour of his son, Ray — who lost his life while on duty for the North Perth, Ont., fire department — during a ceremony for fallen firefighters in Ottawa on Sunday.

FRED CHARTRAND/THE CANADIAN PRESS

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Feds turned down bid to revive Avro Arrow

Jet. Project would create made-in-Canada plane and industry that would add thousands of jobs and billions of dollars to Canadian economy, proposal claimed

Quoted

"What we need in Canada is something that can go to the edge of our airspace, from a sovereignty point of view, and be able to catch up with intruders."

Retired Maj.-Gen. Lewis MacKenzie

A Canadian company is seeking to go back in time to help fly Canada's air force into the future.

Documents obtained by the Global News program The West Block indicate an update to the storied CF-105 Avro Arrow was put forward as an alternative to the purchase of F-35 stealth fighter jets.

And among the project's champions is one of Canada's top soldiers, retired Maj.-Gen. Lewis MacKenzie.

The Arrow was an advanced, all-weather supersonic interceptor jet developed in the 1950s but the project was scrapped before a single plane could be built.

MacKenzie told The West Block that the Arrow's basic design and platform still exceed any current fighter jet and it is perfect for Canada's needs.

The plan to build an updated Arrow in Canada instead

of buying into an international deal for a fleet of F-35s was originally put before the Harper Conservatives in 2010 by a company called Bourdeau Industries, which has offices in the U.K. and Canada.

The proposal, which was updated in 2012, suggested the plane could fly 20,000 feet higher than the F-35, soar twice as fast and would cost less.

But in June, the government rejected the plan, saying too much money and time was required to execute it and the plane didn't meet the technical specifications required.

"Unfortunately, what is proposed is not a viable option for Canada's next-generation fighter," said a letter from Julian Fantino, who was then Canada's associate minister for national defence.

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Monti government

Cutting corruption
will boost Italy's
growth: Minister

Italy's justice minister says corruption is hampering the country's economic growth and that Premier Mario Monti's government will push hard this week in Parliament for a tough anti-corruption law.

Minister Paola Severino, citing World Bank estimates, said Sunday that combatting corruption could boost Italy's GDP by 2 to 4 per cent. Kickbacks in awarding contracts can boost overall costs and discourage investors from doing business in Italy.

She spoke on the sidelines of an annual closed-door economic forum at a resort on Lake Como.

Monti, leading a non-elected technocrat government, was reportedly coy at the forum about calls from some centrist politicians that he run for election this spring when Parliament's term ends.

THE ASSOCIATED PRESS

Western sanctions

Iran's currency
falls to record low

Iran's currency hit a record low against the U.S. dollar in street trading, the semi-official Mehr news agency reported Sunday.

Mehr says the rial dropped nearly 7 per cent in a single day, to 24,300 rials to the dollar. Street traders say the rial rose slightly later on Sunday to around 23,900 rials to the dollar.

The collapse of the currency is a sign of the effect of Western sanctions over Iran's nuclear program. The West suspects Iran is aiming to build nuclear weapons, a charge Iran denies.

On July 1, the European Union banned import of Iranian oil, and the U.S. tightened sanctions against Iran's banks. On Friday, Canada cut diplomatic relations with Iran over its nuclear program, support for Syrian President Bashar Assad's regime and the country's poor record on human rights issues.

THE ASSOCIATED PRESS

CRTC eyes market
shift with Bell's
purchase of Astral

Public hearing.

Competitors argue \$3.4-billion deal will give telecom giant too much of English-language TV market

A public hearing into Bell's \$3.4-billion acquisition of Astral Media will focus on how much of the English-language TV market the telecom giant will corner if the deal were to go through.

The CRTC will examine the multibillion dollar transaction on Monday and hear from multimedia, telecom and radio companies, producers as well as film groups and consumer advocates — many of them against the deal.

Bell's parent company BCE said if the deal is approved it will own 33.5 per cent of the English-language market, under the 35 per cent threshold set by



Pierre Karl Peladeau, president and CEO of Quebecor Inc., left, along with Lee Bragg, CEO of Eastlink, and Louis Audet, president and CEO of Cogeco Cable Inc., ask the federal government to disallow a proposed takeover of Astral Media Inc. by Bell Media in Ottawa on Aug. 7. FRED CHARTRAND/THE CANADIAN PRESS

the Canadian Radio-television and Telecommunications Commission for approval.

Telecom competitor Telus Corp. believes Bell would have too much control of English-language TV content and leave consumers with fewer choices and higher cable bills.

Telus has argued that the

purchase of Montreal-based Astral, along with Bell's part ownership in the Maple Leaf Sports and Entertainment TV assets, and its stake in joint venture assets, such as Teletoon, would give Bell 49.5 per cent share of the English-language television audience.

THE CANADIAN PRESS

What's at stake?

Effects of the
acquisition

BCE announced the Astral deal last March aimed at creating a media powerhouse poised to take on rivals in providing digital content to consumers.

In 2010, BCE bought the rest of the CTV assets it didn't already own for \$1.3 billion.

CTV operates more than 25 stations across the country, 30 specialty channels including sports networks TSN and RDS online video programming and properties such as CTV.ca, TSN.ca, RDS.ca, MuchMusic.com, MTV.ca and TheComedyNetwork.ca. It also owns CHUM Radio, which operates more than 30 radio stations throughout Canada.

Astral is Canada's largest pay and specialty TV broadcaster and owns 84 radio stations in 50 Canadian markets and 24 television services. It is also the third-largest outdoor advertising company, and has a stake in the country's only subscription radio service, XM-Sirius Canada.

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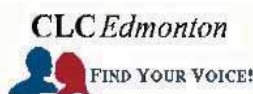
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Greece

Coalition can't
agree on cuts

The leaders of the three parties in Greece's coalition government failed to agree Sunday on a package of spending cuts worth 11.5 billion euros (\$14.7 billion US).

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Greek firefighters protest austerity measures

Firefighters shout slogans as they hold a banner reading "Help!!" during a protest in the northern Greek port city of Thessaloniki, Saturday, Greece, in the grip of a severe recession for the fifth straight year, is still struggling to avoid bankruptcy by imposing harsh austerity measures.

NIKOLAS GIAKOURIDIS/THE ASSOCIATED PRESS

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Company explores oil find off western Newfoundland

The Rock. Shoal Point Energy Ltd. searching for economical way to extract crude from stretch of shale

A long, narrow stretch of shale that runs along western Newfoundland's coastline might be home to North America's next big oil find.

So believes the junior oil explorer that's snapped up virtually all of the land in the Green Point shale.

But Shoal Point Energy Ltd. hasn't quite figured out how to economically draw the crude — some 23 billion barrels of it in place, according to one estimate — from the uneven, broken-up rock.

"It's a bit of a wild frontier still," said George Langdon, the company's Newfoundland-raised CEO, who has long been fascinated by rocks on the Rock.

Fracking

As with other shale formations throughout North America, tapping the Green Point will require hydraulic fracturing, or fracking, to unlock the resource. The controversial practice involves injecting a mixture of water, sand and chemicals underground in order to crack the rock.

- Fracking has unleashed huge supplies of natural gas and oil from shales across the continent, but it also brings with it concerns over the safety of groundwater supplies near drilling sites.

"There's a lot of oil in place. We haven't proven the viability of it yet. But just the sheer number of what could be in place there makes it, to me, one of the significant resour-

ces in North America, right up there with the big ones."

Indeed, it's hard to draw a direct comparison between the Green Point and other North American shales. For starters, it appears to be several times thicker and the rock has been jostled around by moving tectonic plates.

"The shale is really broken up quite a bit and when a shale is broken like that, it can be very difficult to drill," said Larry Boyd, director of geoscience at AJM Deloitte, the Calgary consulting firm that Shoal Point hired to evaluate its Green Point potential.

"We're really kind of pioneering something really brand new here."

The Green Point also extends into the offshore. So far, the wells have been drilled from land. In the future, it may be possible to tap the shale from platforms or barges in the shallow waters of Port au Port Bay.

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CYCLING INFRASTRUCTURE, HISTORIC CONCERT AND LRT NAME FAIL



**URBAN
COMPASS**
Terence Harding
edmonton@metronews.ca

Well it's a new week in nutso town. This city never lets me down when it comes to things to write about.

Because of the holiday Monday, I didn't get a chance to comment

on the much-more-than-sad death of Isaak Kornelsen, the 21-year old cyclist who was killed on Whyte Avenue.

What I would have hoped was that city council would have finally said enough is enough. Let's take cycling safety seriously. Let's remember Isaak by readily acknowledging that cycling is a legitimate form of transportation and we need to treat it as such.

No such luck.

Apparently, council members can't wrap their head around that concept.

I think in their heart of hearts they believe commuter biking is a fad. They believe that one day all those bikers will buy minivans, move to the suburbs, spend all their time driving the kiddos from character building place to character building place and developmental task to developmental task and then get fat and forget about cycling.

How many cyclist deaths and how many memorials will there have to be before the issue of creating a truly bicycle-friendly city is taken seriously?

Ooooooh! Friday we got to hear about a "historic concert". Prehistoric is more like it.

The mayor goes along with calling a concert by a geriatric rocker whose best musical years ended long ago "historic".

Who thinks this stuff up? Who advises the mayor on what he should and shouldn't endorse or support? Who thought "historic" was a word that could be applied to a concert?

Who thought that in the day of social media that everyone wouldn't know who was coming long before the mayor made his announcement? The whole thing was bush league communication at best. Fail.

And then there's the issue of adding Fort Edmonton Park to the South Campus LRT stop name. There seems to be no end of stupid ideas in this city.

Apparently, we want to be the only city in the world where the name of a transit station has nothing to do with what is close at hand.

As dumb an idea as everyone with a brain knows it is, it fascinates city council's executive committee. It is something its members can wrap their head around. It debates the issue and votes for the name change. Now that's the kind of decisiveness we want from our elected officials. Not.

They're growing!

What do human ears, bones, muscles and skin have in common?

Scientists are growing ears, bone and skin in the lab, and doctors are planning more face transplants and other extreme plastic surgeries. Around the country, the most advanced medical tools that exist are now being deployed to help America's newest veterans and wounded troops.

- In Los Angeles, surgeons used part of Michael Mills' forehead to rebuild his nose after a bomb disfigured him in Iraq.

- In Pittsburgh, doctors used an experimental therapy from pig tissue to help regrow part of a thigh muscle that Ron Strang lost

in a blast in Afghanistan.

- In Boston, scientists are making plans for the first implants of lab-grown ears for wounded troops after successful experiments in sheep and rats.

- In San Antonio and other cities, doctors are testing sprayed-on skin cells and lab-made sheets of skin to heal burns and other wounds. The ingenuity is impressive: One product was developed from foreskin left over from circumcisions.

Much of this comes from taxpayer-funded research. Four years ago, the U.S. government created AFIRM, the Armed Forces Institute of Regenerative Medicine, a network of top hospitals and universities, and gave \$300 million in grants to spur new treatments using cell science and advanced plastic surgery. **THE ASSOCIATED PRESS**

Sun cracks its whip on Earth



NASA/GSFC/SDO

Astronomy

Explosion of solar flare off the sun

A jaw-dropping image of a solar whip has been captured. NASA reported a filament of solar material, which had been in the sun's atmosphere.

Though it didn't erupt directly towards Earth, it did have an effect on Earth's magnetic environment (magnetosphere), causing aurora to appear on Sept. 3.

METRO

Aurora:

- Atmospheric phenomenon made of light caused by charged solar particles following Earth's magnetic lines of force.

Plasma:

- The red-glowing ejected material is a hot gas comprised of electrically charged hydrogen and helium. The plasma flows along a twisted structure of magnetic fields made by the sun's internal dynamo.

Solar prominence:

- A large, bright feature extending outward from the sun's surface. They are anchored to the sun's surface in the photosphere, and extend outwards into the sun's hot outer atmosphere, called the corona.

Solar speed

1,450

kilometres per second is the speed at which this coronal mass ejection travelled. That's still only one two-hundredth of the speed of light.

Swirls of green and red appear in an aurora over Whitehorse in the Yukon on the night of Sept. 3. This year has witnessed many aurorae due to 2012's high volume of solar eruptions.

DAVID CARTIER, SR./NASA

Seven-year-old gives to African grandmas

News Worth Sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Nevaeh Saidler is only seven, but her age isn't stopping her from making an

impact.

In 2009, her friend Rayanna Hope Trotter, who had been adopted from Malawi, passed away at the age of five.

Nevaeh was inspired to raise \$300 for Rayanna's Hope, the Stony Plain chapter of Grandmothers to Grandmothers, started by Rayanna's grandmother in her memory.

The campaign supports grandmothers in Africa who

are raising their grandchildren whose parents have died of AIDS.

Nevaeh raised money by putting up posters and selling fridge magnets in her school and community.

She presented her donation to the organization in August and was invited as an honoured guest to Rayanna's County Fair in Stony Plain on Sept. 8.

Keep it up.
CRAIG AND MARC KIELBURGER

Craig and Marc Kielburger are founders of international charity and educational partner, Free The Children. Its youth empowerment event, We Day, is in eight cities across Canada this year, inspiring more than 100,000 attendees. For more information, visit weday.com.

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SCENE 2

Top country crooners rake it in at CCMAs

Awards. Show opened with Dean Brody's ode to sexy Canadian girls in their winter toques

Dean Brody choked back emotion Sunday as he was named male artist of the year at the Canadian Country Music Association Awards.

It was a good night for Brody.

He opened the show in Saskatoon with an enthusiastic performance of his hit single *Canadian Girls* before a crowd of more than 11,000 people and ended the night by winning album of the year for his record *DIRT*.

The attention seemed to overwhelm the artist originally from Jaffray, B.C.

"It's kind of weird for me because I'm a pretty quiet person," Brody said backstage.

"I started this whole thing to be a songwriter. I actually moved to Nashville to be a songwriter and the whole artist thing just kind of evolved from being in Nashville and writing songs. Some people were like 'Man, it doesn't sound too bad when you sing. Maybe you should record 'em.'"

The first award of the night went to a woman familiar with winning. Carolyn

Dawn Johnson was named female artist of the year — a title she's won four previous times. Johnson said her heart was pounding.

"I'm feeling very joyful right now and the kind of joyful that makes you want to cry. But anyway it doesn't get old. I'll say that," she said, her voice cracking with emotion.

Johnson, who has been writing and performing off and on since the '90s, said it's hard to describe how she got to this point in her career.

"I guess you just keep dreaming and you work hard," she said backstage. "When I decided to do this I just went for it and worked my butt off and I still do. There's never a slacker day."

Johnson was presented her award by American country music superstar Taylor Swift, who praised the nominees for female artist of the year as inspirations for young girls.

Swift was at the show to receive the generation award, a new award that celebrates those who have pushed country music forward to new audiences.

"To country radio in Canada and to the music fans in Canada, you guys are the ones who chose to play my songs. You guys are the ones who chose to buy the albums and sell out the concerts," Swift said in her ac-



Kira Isabella won the rising star award. LIAM RICHARDS/THE CANADIAN PRESS



Carolyn Dawn Johnson after winning the award for female artist of the year. LIAM RICHARDS/THE CANADIAN PRESS



Jason Blaine reacts after winning an award for single of the year. LIAM RICHARDS/THE CANADIAN PRESS

ceptance speech.

Other winners includ-

ed Jason Blaine, who won single of the year for *They Don't Make 'Em Like That Anymore*, rising star award recipient Kira Isabella, John-

ny Reid for the fans' choice award and husband and wife duo The Stellas, who won video of the year for *In This House*. THE CANADIAN PRESS

On the web



Scan this code or visit metronews.ca/scene to get more of the details from Sunday night's Canadian Country Music Association awards.

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Caspian sails into uncharted waters, and stays afloat

Post-post-rock. Band talks evolution and fans' expectations of upcoming album

JONATHAN
D. FITZGERALD
scene@metronews.ca

How do you describe a band whose music outgrows their prescribed genre? For the Massachusetts-based post-rock quintet Caspian, the release of their third full-length album later this month may make the need for a new descriptor necessary.

"When I think of post-rock, I immediately think of 2003-2005," said Calvin Joss, a guitarist and founding member of Caspian.

"I think of long, drawn-out, guitar-oriented songs that are thematic and big. Bands like Mono, God Speed You Black

Emperor, and Explosions in the Sky."

Caspian certainly began as a post-rock band, but over time their sound has evolved. Their latest album, *Waking Season*, which drops on Sept. 25, features a number of elements not typically associated with the genre. One song even includes vocals (a first for the band). Others incorporate samples and electronic sounds.

"We never felt a duty to be post-rock," says Phil Jamieson, who also plays guitar and serves as the unofficial spokesman for the band. "We just view ourselves as our own separate entity — as Caspian, not as post-rock."

Caspian's larger-than-life yet beautifully melodic sound has the ability to transport listeners. Even a commute to work accompanied by a Caspian record can feel like you're living inside a scene from an epic film. This effect has earned Cas-

pian's music a spot on an HBO boxing special and in a number of television shows including *CSI: Miami* and MTV's *Teen Mom*. They have yet to actually score a film, but the possibility remains one of the band's goals.

Waking Season is a natural next step in the band's evolution, and a definitive move away from that label of post-rock.

"There's more on this record that draws from each of our individual influences — the music we actually listen to," explains Joss. "The depth and texture, and the use of a lot of different instruments, breaks out of the mould of what people consider post-rock."

While their sound has evolved, Caspian don't worry about alienating fans.

According to Jamieson, they "never underestimate the ability of our audience to grow with us."



Caspian is currently touring in the U.S. and Canada. EVAN TEREALTY

Background

Creation story

Caspian formed in 2003, out of the remnants of a few other bands on Massachusetts' North Shore.

They played their first shows to friends and fans in

the pubs of Beverly, about 25 miles north of Boston, where most of the group's original members were living at the time.

The band recorded a demo in a friend's Gloucester house in 2004 and had their first break opening for

Japanese post-rockers Mono at T.T. the Bear's Place in Cambridge later that year.

They released their debut EP, *You are the Conductor*, in 2005, and immediately hit the road, touring nearly nonstop and returning home only to write and record new material.

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After 40 years, KISS still a Monster of rock and ready to roar again

On the road. After the release of their 20th studio album, Gene Simmons and Co. may be getting older, but not any tamer

CHRIS
ALEXANDER
scene@metronews.ca

For almost four decades the iconic circus collectively known as KISS have been thrilling the masses, with their trend-defining, still wildly absurd amalgam of muscular, no-nonsense rock music and dark fantasy theatrics.

Now, after an up and down history that saw their legacy rise, fall and rise once more, KISS are not only deeply ingrained in the collective pop culture fabric, but they are also on top of their creative game.

Their latest album — the 20th studio album in fact — is appropriately called *Monster*. While not due in stores until mid-October (from Universal) the band has hit the road this summer, demolishing stages across the U.S. and Canada with fellow freak-rockers Mötley Crüe.

"The Tour," as its boldly calling itself, condenses both bands' performances into two 90 minute sets, but, as co-founder and media gadfly Gene Simmons insists, KISS won't be skimping on any of its patented blood, bombs and pyro.

"KISS has a philosophy few other bands have," Simmons told Metro.

"And that's to give the fans bang for the buck. Not just our show. But making sure anyone on the bill with us is worthy of being on hallowed ground — the Electric Church ... the KISS stage. For us, the power and

the bombast and yes, the roar of the crowd and the smell of the greasepaint is what it's all about."

What KISS is also about is transcending the fate of many of its "classic rock" ilk who are content to tour the hits and pander to the generation that first found them. Instead, a typical KISS audience contains a cross section of fans of every age, with KISS Army lifers sharing space with kids, their faces painted to honour their larger-than-life heroes.

"The KISS Army is a living, breathing thing," says Simmons, 62 and still swinging from wires and vomiting gore.

"You can't put your finger on it. Through the decades, the fans have always showed up wearing our makeup, some of them tattooed with our faces all over their bodies. And now, with children in tow, who are named after our songs."

"And when we do the KISS Kruise in Halloween in the Bahamas, it's a gathering of the tribes."

Yes, you heard that right. A real deal KISS Kruise is one of thousands of branded events and products that bear the band's seal of grandiose approval.

Combine that international omnipresence with sold-out stadiums across two countries and a hotly anticipated new album, and Simmons has every right to brag.

"We have every intention of making *Monster* a No. 1 album," Simmons states confidently.

"If you're a world champion, and if you have the heart of a lion, you will stay in the ring. If not, pack up and go home."



KISS has hit the road again this summer to promote their new album, *Monster*. ASH NEWELL/FOR METRO

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Release date

KISS's 20th studio album, *Monster*, is set to be released on October 9. For tour information go to kissonline.com.





Brad Pitt. ALL PHOTOS GETTY IMAGES

Brad Pitt playing coy on upcoming wedding

The only update Brad Pitt can offer on his and Angelina Jolie's wedding is that it is indeed happening — though he's not saying when.

"No plans yet, other than we are going to do it," Pitt says, according to E! News. "I plan very little as I get older."

So will best buddy George Clooney be serving as best man for the big day? Pitt jokes that his pal would probably be demoted to usher.

"Well, you know, he doesn't believe in institutions," Pitt says. "So he can get people to their seats or something."



Jonah Hill.

Jonah Hill splits from Ali Hoffman

Jonah Hill and girlfriend Ali Hoffman have reportedly split up after nine months of dating, according to Us Weekly.

The Oscar-nominated actor had been close to Hoffman and her family — including her dad, Dustin

Hoffman — for years before becoming romantically involved.

Hill was attending high school with Ali's older siblings when her dad helped him get a role in *I Heart Huckabees*, his film debut and big break.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Poehler and Arnett: 2012's bummer breakup

THE WORD
Monica Weymouth
scene@metronews.ca

When we found out Amy Poehler and Will Arnett were divorcing last week, we assumed there must be the scandal of all scandals hiding behind their split. Nevermind that their rep insisted it was "very amicable" — why would two people as funny, successful and charming as them breakup? As it turns out, they're not that much different than those of us who fall asleep watching reruns of their shows, snuggling

piles of almost-warm take-out.

"Will and Amy started to feel more like best friends than a married couple — and sadly they lost their spark," a source tells RadarOnline. "The two still love each other very dearly, but the romance died and neither one of them was happy, so something had to be done."

Talk about shot through the heart. Go ahead, Source, finish us off: "Everyone used to think that because Amy and Will are both comedians their relationship was all fun. However, the laughter stopped a long time ago and now they just want to move on with their lives."

Now, we're not necessarily saying that love is dead. Just that he's emptied the mini bar, went on a Facebook bender, and things aren't looking good.



Robert Pattinson.

Pattinson getting back with Stewart?

While the future of Robert Pattinson and Kristen Stewart's relationship is still uncertain after her affair with director Rupert Sanders came to light, at least one friend of the pair says not to worry.

"They are totally going to get back together," the source tells Hollyscoop. "It is just a matter of time."

Kristen has this effect on Rob. Robert is not a player. It is really a mess of a relationship. They are both in love with each other still."

That might be a problem, though, for friends of Pattinson, another source reveals.

"They tell him, 'If she cheated once she will cheat again,'" the source says.

Twitter



@joelmchale

Sad news: the phrase "hot mess" is six months past its expiration date. Also "I just threw up in my mouth a little" is over (2 years).



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just sending love, prayers and strength to #Prince-Harry



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AMVIC LICENSEE

Hot thermos

Keep food warm until lunchtime

Putting hot food into a cold right-from-the-cupboard thermos just uses the heat from the food to heat the thermos and usually means a lukewarm lunch.

To keep your thermos warm and your hot lunch hot, fill your thermos with

boiling water, attach the lid and let sit for five to seven minutes. Drain the water, wipe and immediately place hot food into the thermos.

Bonus: To test how hot your thermos stays during the day, fill it with boiling water and leave for a few hours. When you come home, gauge how hot your water is. If it's cold it may be time for a new thermos! **MAIJA MOMENTS OF YUMMYMUMMYCLUB.CA**

New study

Is being shy a disadvantage?

A new study from the University of Miami (UM) confirms shy preschoolers are "at greater academic risk than their chatty and boisterous peers."

Boisterous and loud children benefit from the teacher's attention, while

introverted children "tend to disappear within the classroom," according to Elizabeth R. Bell, doctoral candidate in developmental psychology at UM and co-author of the study. While not necessarily disruptive, the shy child risks getting overlooked and dismissed by teachers.

Researchers hope their findings spark further training for teachers. **JULIE M. GREEN OF YUMMYMUMMYCLUB.CA**

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metronews.ca

- **Hotel woes.** Can mommy and her club-sized pack of anti-bacterial wipes beat you to the hotel remote control? Follow along with the comedic (mis) adventures of Reasons Mommy Drinks online at metronews.ca/voices

Myth busters

Inside lunch boxes

Myth: You are a bad mom if your kids eat the same thing every day.

Reality: When my son was four, he ate grilled cheese sandwiches for lunch every single day for about two months. Was it worth a fight to make him eat something else? Not really. He grew out of it and moved on to something else. Don't make food a fight.

Myth: You're a better mom if the lunch is cute.

Reality: In 20 years, I've never seen a cutesy lunch. Parents are stressed and throw together what they can, without the time to make it photo worthy. To me, it's way too much pressure to try to make it adorable. The emphasis should be on the fact that it's good, wholesome food.

Myth: Kids should never have treats in their lunches.

Reality: We all love them, and I often have a cookie with my coffee at work. I have no issue packing my child a homemade brownie or cookies as long as he eats the rest of his lunch. When you send treats, though, they should be a small add-on, not the focus. Little people need to focus and learn, which is hard if they are buzzed up on sugar.

KAREN HUMPHREY OF YUMMYMUMMYCLUB.CA

Get them to love reading with 8 unique strategies

Books. Kids go through phases in which they refuse to read, so it may help to try these approaches

RUTH SPIVAK
yummymummyclub.ca

1. Leave a mess of books and magazines around the house. If you can stomach a bit of mess, a disordered pile of books entices kids to browse sooner than a neat bookcase.

2. Direct kids toward non-fiction. Does your kid like cars or maybe cooking? Pick up some car magazines and cookbooks. We seldom think that materials with instructions and facts count as reading, but kids are often interested in books that fuel their hobbies. For kids who enjoy facts, The Guinness Book of World Records seems to be a hit. Non-fiction is ultimately a great avenue from which to explore a variety of topics.

3. Watch book trailers for inspiration. Tantalizing plot teasers reveal just enough information to rouse interest in a book.

4. Take kids on a library shopping-spree. Give each child



Reading with kids, even the ones who graduated to chapter books, can help. ISTOCK

a huge book bag to fill, and plenty of time to browse the aisles. Don't limit the amount of books, and try not to intervene with recommendations. Older kids could be dropped off to shop on their own, just like at the mall. Kids can "charge" everything to their own library cards. Giving kids independence around book selection works like a charm, and they can't wait to sample their "new" books at home.

5. Borrow audio books. Listening to a professional narrator bring a story to life can be the push kids need to pick up a book on their own.

6. Grab some joke books, comic books, and graphic novels. They all count as reading and kids love them.

7. Read to older kids. Even graduates to chapter books enjoy being read to, and it

could be the needed nudge to read independently.

8. Share a book and a movie. You could read the same book as your child, and then together watch a movie based on that book. Comparing the book to the movie develops critical thinking skills.

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Get Lost in nursery design

Fans. Would you decorate your baby's room with TV memorabilia?

MICHELLE CASTILLO
Metro World News

When Juan and Monica Joao found out they were expecting their first baby, they couldn't wait to decorate the nursery. Instead of the traditional baby blue or pink, these two TV and movie fanatics decided they wanted to pay homage to one of their favorite pastimes of collecting memorabilia.

After debating between a Lord of the Rings, Star Wars or Star Trek theme, the couple stumbled upon a polar bear at a local store.

"We said, 'This is the polar bear from LOST!'" Monica tells Metro World News.

But it wasn't until they

Quote

"This is the polar bear from 'LOST!'"

See the room: m-and-j-collection.blogspot.pt/



Is this the hatch? CONTRIBUTED BY THE JOAOS

found jungle style-trees that they decide to dedicate their son's room to the JJ Abrams-helmed show. Juan admitted the couple didn't start watching Lost until it had been on air for a few years, but they breezed through the first four seasons' mysteries in just one week.

The couple purchased items for the nursery from local stores, including using stickers of numbers to recreate the

famous 4, 8, 15, 16, 23 and 42 "lucky" numbers on one of the shelves. They even created a separate jungle area with hanging plastic vines and fake grass, which Monica admitted is her favourite part. Besides the giant stuffed polar bear that rests under one of the trees, a fake crate adorned with the Dharma Initiative logo lies in the grass, waiting to be opened. A video of the room has gone viral.

Though die-hard fans of the

show, Monica and Juan still debate whether or not they enjoyed the finale. Monica admitted she didn't like it so much, while Juan was pleased with the conclusion. But baby Paris — who is named after Paris in Troy not Paris Hilton, Monica is quick to emphasize — doesn't have an opinion yet.

"He must wait a few years," Monica said. "We think maybe 12. It's too soon. He's not going to understand it."

Get your kid hooked on good TV early



Breaking Bad

Pick up some artwork, like these Breaking Bad illustrations by Mike Mitchell that display the characters of the drug drama in cute cartoon form. The artwork was part of The Breaking Bad Art Project, a show that took place in Gallery1988 in Los Angeles.



Game of Thrones

Start by pasting a giant map of Westeros on your child's bedroom wall (at HBO.com). And make sure your child sleeps like a king or queen by purchasing some Game of Thrones-themed pillow cases that displays your house sigil. They're at cafepress.com.



Glee

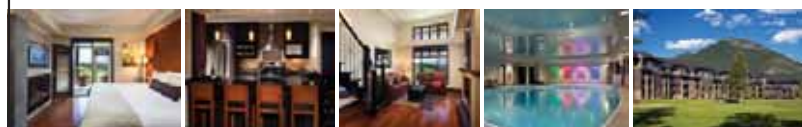
They'll be in high school soon enough, but you can initiate your child's musical future by playing a Glee-themed boombox/CD player. It's perfect for those Baby Einstein tapes or those covers of Don't Stop Believing.



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Chicken-and-cheese tortellini is as easy as 1, 2, 3 — literally



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Tortellini is a favourite for even the pickiest of children. The chicken gives them the protein they need, and most kids like pesto, especially if you add extra Parmesan cheese. Pack this for their lunches.

1. In a small, nonstick skillet lightly coated with cooking spray, add the chicken and sauté for 4 minutes per side or just until no longer pink. Let cool, then dice.

2. Meanwhile, boil tortellini for

Ingredients

Total time: 20 minutes

- 4 oz boneless chicken breast (about 1 breast)
- 12 oz tortellini
- 1/3 cup pesto
- 2 tbsp grated Parmesan cheese



This recipe serves four. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

8 minutes or until tender. Drain and place in a serving bowl.

3. Add the chicken, pesto and Parmesan cheese and toss well. **ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN**

Nutritional analysis

Per serving

- 354 calories; 20 g protein; 41g carbohydrates; 1.8 fibre;

12 g fat; 4.9 g saturated fat; 56 mg cholesterol; 548 mg sodium

Zucchini Strip Salad. Pasta-like veggies make this meal look, taste good



1. Using a vegetable peeler, peel zucchini into long strips and place in a large bowl. Add tomatoes and chicken.

2. In a small bowl, whisk together oil, vinegar, garlic,

salt and pepper; add to salad and toss. Sprinkle goat cheese and basil over top and gently toss. Do not over mix or goat cheese may clump together.

THE CANADIAN PRESS/ SOBEYS, SOBEYS.COM

Ingredients

- 2 medium zucchini
- 250 ml (1 cup) large tomatoes, cut in half or quarters
- 750 ml (3 cups) shredded ready-cooked barbecue chicken, skin removed
- 45 ml (3 tbsp) olive oil
- 30 ml (2 tbsp) balsamic

- vinegar
- 1 garlic clove, minced
- 1 ml (1/4 tsp) each salt and pepper
- 60 g (2 oz) goat cheese, crumbled
- 10 fresh basil leaves, roughly chopped

Spinach Gnocchi: An Italian take on eating your greens

1. Bring a large pot of salted water to a boil. Set a bowl of ice water nearby.

2. When the water boils, add the spinach and cook until it wilts and the stems become tender, 30 seconds to 2 minutes. Use a slotted spoon or strainer to transfer the spinach to the bowl of ice water (leave the pan of water at a boil). Once the spinach has cooled, lift it from the water, squeeze out any excess moisture, then chop very finely.

3. Wash the potatoes. Using the same water the spinach was cooked in, cook the potatoes until tender but not mushy, 30 to 40 minutes. Transfer the potatoes to a large bowl (leave the pan of water at a boil, adding more water if needed).

4. Mash the potatoes or put them through a food mill, then combine them with the spinach, salt, pepper and nutmeg. Add the flour a bit at a time, kneading with your hands, until the mixture is no longer extremely sticky (the amount of flour you add will depend on the potatoes). Not enough flour will make gnocchi that fall apart; too much will rob them

Ingredients

- 10 oz fresh spinach, tough stems removed
- 3 or 4 medium potatoes
- Salt and ground black pepper, to taste
- Dash or tiny grating of nutmeg, about 1/16 tsp
- 1 cup all-purpose flour, approximately
- About 1 cup any light tomato sauce
- Freshly grated Parmesan cheese

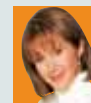
of flavour. Once they stop sticking, add a little more flour and do a test run, then add more flour if necessary. Form the gnocchi, by hand, into inch-long oval shapes.

5. Cook the gnocchi about 6 at a time, lowering them into the water and removing them with a slotted spoon when they rise to the top, 2 to 3 minutes. Place the cooked gnocchi in a warm, shallow bowl and keep warm. When all the gnocchi are cooked, top them with tomato sauce and cheese, then serve.

THE ASSOCIATED PRESS/ MARK BITTMAN'S LEAFY GREENS, WILEY, 2012

Healthy eating

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Before fall makes its debut this month, enjoy the coolest treat around. But be careful because it will cost you in calories and fat if you grab the wrong container and topping.

Haagen-Dazs Cookie Dough Dynamo (1 cup) with chocolate shell syrup (2 tbsp)

880 calories/ 58 g fat
This indulgence will clog arteries.



Equivalent

Aside from the more than half your daily calories and close to a day's worth of fat in the Haagen-Dazs ice cream, it is also equal in fat to 10 tablespoons of Nutella.



Breyers Reese's Peanut Butter Cup Chocolate frozen dessert (1 cup) with Smucker's syrup (2 tbsp)

440 calories/ 12 g fat



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Friese graduated with an economics degree but couldn't find any online resources to help grads find work. Started TalentEgg in 2008 and now works with hundreds of companies and employs over 15 people.

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"I'm risk adverse so I knew the minute I put money into it I would have to make it back. We've literally helped millions of students and recent grads over the last few years transition from school to work by providing the access to employers and job info they didn't have before.

"We've just launched TalentEgg in the U.S. and one of the traits that defines me as an entrepreneur is to never accept success. We must always strive for more."

Action Plan

- "Seriously consider whether being an entrepreneur is the right path for you. For the right person it's the best job in the world but for the wrong person it could have long term financial consequences."
- "The best time to start a business is when you're young. The risk is lower, your opportunity cost is lower and there's a ton of support out there for young entrepreneurs."
- Ideas are the easy part, execution is everything. I've had countless people say they had the idea and I tell them "It wasn't my idea but it was ME that did it."

Stretch out your studies

Taking the long road. Set a study schedule early on to avoid cramming and procrastination

Test-taking likely isn't front of mind for students just getting settled back into school routines following the summer vacation. But it's not too soon to start plotting plans to hit the books well before the first quiz or midterm pops up on the calendar.

Krista Bianco, manager of the Supported Learning Groups Program at the University of Guelph, says some students likely grew accustomed in high school to studying the night before a test and performing OK. They may be applying the same approach now that they've reached the post-secondary level, not yet aware they'll need to change.

FA-ST track to success

Sarah Gaikwad enrolled in the Facilitation Study Sessions (FA-ST) program, which targets courses that have low retention rates or in which a high portion of students perform poorly.

- Students who have successfully completed those same courses are trained as facilitators and lead sessions that take a collaborative approach to helping students review and understand the material.
- Since Supplemental Instruction originated in the U.S. in the 1970s, the academic support model has been steadily establishing a presence in Canada, with comparable programs in place at schools across the country.



Sarah Gaikwad is a peer development facilitator at Ryerson, and oversees a program called FA-ST, which sees students helping fellow students succeed. CHRIS YOUNG/THE CANADIAN PRESS

For many students heading to college or university straight from high school, they'll likely be balancing a heavier workload in a compressed semester. It will be the first time away from home for many, and with that, their first test at managing their own time without having teachers checking up on them to ensure they've attended classes or submitted homework, she notes.

"I think for a lot of reasons that overwhelmed feeling comes along and they just don't yet have an understanding of what it is they need to do and how they need to change to meet the demands of university or college-level learning."

University of British Columbia psychology instructor Catherine Rawn leads a course featuring topics she's hand-picked in the hope of helping students become improved and lifelong learners. Goal-setting, motivation and self-control are among the subjects the class covers.

Students have also teamed up on assignments that explore learning challenges, like

In a cram jam?

You get worse at deep thinking in any one sitting, so trying to study for six or eight or 12 hours at a time isn't going to work.

Catherine Rawn
Psychology instructor

testing anxiety. Procrastination is a topic that has arisen in discussions, she says.

"This conversation comes up when we look at self-control and the fact that we have a limited supply of it. As you use more effort, and try to get yourself to do things like sit and study and focus, you have a diminishing supply," says Rawn.

"You get worse at deep thinking in any one sitting, so trying to study for six, eight or 12 hours at a time isn't going to work. We just don't have the ability as humans to be able to do that. So if that's their study strategy — to rely on their bodies and minds to be alert for

12 hours — that's not going to work."

Rawn suggests students create schedules which allow them to space out their studies and review course material during designated times. They should also be building their study notes as they go through their courses and making sure they're doing the readings well in advance of exams, she notes.

As if coping with the rigours of readings, tests and essays weren't tough enough, students are likely also juggling a host of other demands on their time, such as part-time jobs or extracurricular activities.

It may be challenging for some to see how to squeeze more study time into an already stacked day, but Rawn says this is the precise reason a schedule is so crucial.

"When three o'clock comes around it's not, 'Hmmm, what do I do now? I really want to take a nap,' or 'I really want to check my email.' Nope, it's already decided this is what I'm doing. I'm going to read this chapter.' And then it gets done."

THE CANADIAN PRESS

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Canada's king of 'za offers a slice of advice

Success in writing.

Award-winning businessman Jim Treliving dishes to Metro about Decisions, delivering at work and not over-doughing it

ELIZABETH
BEDDALL

life@metronews.ca

Jim Treliving calls a simple visit to a Boston Pizza as a young RCMP officer the "smallest big decision" of his life.

The visit inspired Treliving to open his own Boston Pizza franchise in Penticton, B.C., and to eventually become co-owner of the award-winning business, which boasts more than \$1 billion in annual sales.

In his new book Decisions, the Dragon's Den star lets a few of his secrets slip to up-and-coming business folk.

If you could offer one piece of advice to an aspiring entrepreneur, what would it be?

If I can offer just one suggestion to aspiring entrepreneurs it would be: understand the critical financial numbers of your business or find someone you trust who can help to you do that. Too many small entrepreneurs that I meet these days are focused on products, sales and operations without putting the time in to analyze and manage the key financial figures. I was certainly like that when I started the first Boston Pizza franchise many years ago, but luckily for me I quickly found a partner who is an accountant and can understand and manage the financial side of our businesses. Without that key component, even great business ideas will not get off the ground.

Wrong decisions are inevitable in any power position — so what is the best way to bounce back?

Paying it forward

Jim Treliving is donating royalties from his book Decisions to two Canadian charities he says are very important to him.

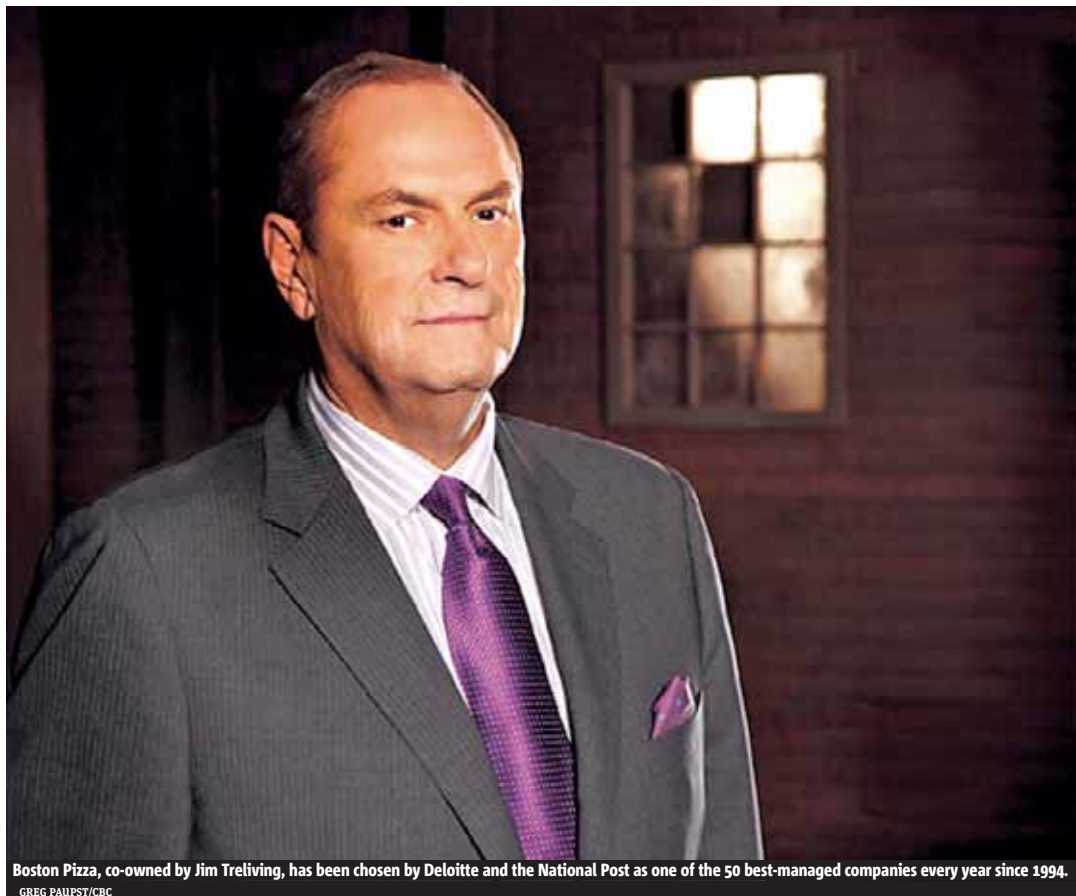
"The first one is the Centre for Addiction and Mental Health in Toronto. This is an organization that my wife Sandi and I have been personally involved with for some time and we strongly support the important work that they do and we want to help out in any way we can."

"The second charity that will be receiving royalties from the book is the Trans Canada Trail initiative that aims to complete the longest connected recreational infrastructure in the world, linking 34 million Canadians, 1,000 communities and over 23,000 kilometres of urban, rural and wilderness trail."

You are absolutely right. Wrong decisions do happen and it is important to recognize when they happen and to be prepared to admit when you have made a mistake and make things right. Nobody bats 1,000 on making decisions, so there is no shame in saying "That was a mistake, let's find a way to fix this now". The key is to recognize the problem early and have a plan to address it.

What are, in your opinion, the key reasons Boston Pizza has been recognized as one of Canada's top best-managed companies for over 18 years?

We are very proud that Boston Pizza has been selected to the Platinum Club of Canada's 50 best-managed companies and also recognized as one of Canada's top 10 most admired corporate cultures. These



Boston Pizza, co-owned by Jim Treliving, has been chosen by Deloitte and the National Post as one of the 50 best-managed companies every year since 1994.

GREG PAUPST/CBC

awards come first and foremost because of our financial success. Let's face it, if we did not have a track record of excellent sales growth and successful new restaurant openings, then we would not be considered for any awards, and rightly so. The second reason for me is simple — our people. We have a great management team, an amazing franchise community and almost 20,000 restaurant staff coast-to-coast who represent our brand incredibly well every day.

What is a right decision, and a wrong decision, that one

can make when ordering a pizza pie?

Wow, that's a good one! It is hard to go wrong with pizza I guess.

I have a favourite at Boston Pizza called The Great White North with mozzarella, cheddar and smoked ham. I like to order it with fresh sliced tomatoes on top. Yum! I am usually pretty traditional with my pizza toppings but I also like to mix it up occasionally with the new ingredients that we have these days like hot peppers, BBQ chicken and pomodoro sauce. We even have a Szechuan pizza on the

menu now! I guess that the only wrong decision that you can make when ordering a

pizza is to not order enough. No one wants to see a big fight for that last slice!



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SEPTEMBER 12, 2012

A little longer in the tooth, a little longer in the position

Extra years count.

New study shows older workers are more sturdy and better at collaborating

BRUCE WALSH

Metro World News in Philadelphia

Perhaps the most comprehensive study on employees 45 years of age and older was released last Friday, and the findings will likely provide a boost of confidence to older workers.

Mid and Late Life Career Issues: An Integrative Perspective is authored by researchers from the University of Florida, the University of La Verne and Cal State San Bernardino. It contains a bounty of new quantitative data, with first-hand employee interviews and a thorough analysis of existing research.

The study suggests that older workers tend to be better collaborators than their younger counterparts. Moreover, they



He's seen a heck of a lot, so he's ready to handle it. ISTOCK

typically handle negative workplace emotions in a more constructive way.

"This is the kind of message that needs to get out!" declares Kerry Hannon, the author of Great Jobs for Everyone 50 plus and the AARP Jobs Expert. People get so twisted around about hiring older workers," she continues.

"With experience, we (older workers) have gone through a lot of different cycles in the economy. So, when something happens like a layoff, we're a lot more adaptable. We won't get thrown off the porch."

Lead researcher Dr. Mo Wang stresses that little serious research exists on this subject, and that most of their find-

An old worker's tale

Myth busting

- A critical take-away from the new study, Mid and Late Life Career Issues: researchers found no substance to the widespread claim that older workers are harder to train for new positions, jobs and tasks.

ings are simply suggestions for further investigation. But when it comes to performance evaluations, he sees pervasive distinctions between old and young employees, and these results may not feel so flattering to the more mature.

"Older workers want to maintain a positive standing in their supervisor's eyes, while younger workers mainly focus on learning from the feedback," says Wang. "It seems to be the emotional experience that older people are more focused on. They value the relationship. Younger workers value the knowledge."

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Paralympics

Coldplay, Jay-Z and Rihanna cap London Games

London's spectacular summer of sports was given a rousing send-off Sunday.

Coldplay and an all-star support cast, including rapper Jay-Z and pop-star Rihanna, brought the curtain down on the most-watched and best-attended Paralympic Games of all time, ending a six-week-long festival of sport in the British capital that began with the hugely successful Olympics.

Canada won 31 medals, including seven gold.

THE ASSOCIATED PRESS

Golf

Mclroy continues to dominate field

Rory Mclroy beat the strongest leaderboard in golf this year Sunday in the BMW Championship and joined some elite company.

Mclroy made back-to-back birdies around the turn to seize control at Crooked Stick in Carmel, Ind. He closed with a 5-under 67 for a two-shot win over Phil Mickelson and Lee Westwood.

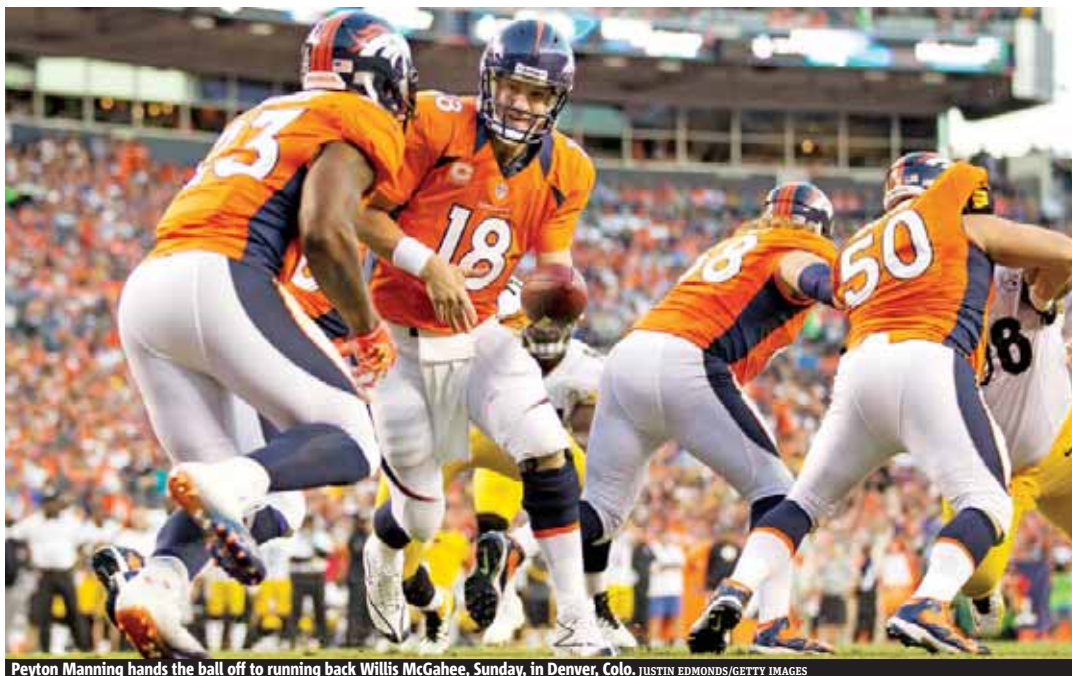
THE ASSOCIATED PRESS

Tennis



"Won the US Open Jr title today! 6-2 2-6 7-5. So happy to finish my junior career this way. This week has definitely been #beastmode."

Vancouver's Filip Peliwo, who took to Twitter after beating Britain's Liam Broady 6-2, 2-6, 7-5 in the boys' final at the U.S. Open on Sunday, Peliwo ended his junior career at Flushing Meadows by winning his second junior Grand Slam title of 2012.



Peyton Manning hands the ball off to running back Willis McGahee, Sunday, in Denver, Colo. JUSTIN EDMONDS/GETTY IMAGES

Manning finding his way on his new team

NFL. Former Colt makes triumphant return from serious neck injury

Peyton Manning baffled defences for years by using strange words such as "ice cream" and "soul train" at the line of scrimmage.

The four-time NFL MVP is struggling to grasp a new language now, though it didn't show in his debut with Denver.

"That's been one of the hardest things, learning new terminology, new formations," Manning told Tony Dungy on NBC's Football Night in America.

Coming off four neck surgeries that sidelined him all

Sunday's game

31

Broncos

19

Steelers

of 2011, Manning made a triumphant return Sunday night with his new team. Manning threw two touchdown passes to lead the Broncos over the Pittsburgh Steelers 31-19.

His first touchdown pass as a Bronco was a 71-yard completion to Demaryius Thomas. It was the 400th touchdown pass of Manning's career.

Manning reached the milestone in his 208th career game.

Dan Marino did it in his 227th game and Brett Favre in his 228th.

Manning, who is known for masking his emotions, was surprisingly candid in a pregame interview with Dungy, his former coach in Indianapolis. He said he's "not even close" to being settled in Denver and always thought he'd play for one team.

The biggest adjustment for Manning has been understanding the offence.

"As you know, in Indianapolis we kind of had a unique language, and it didn't carry over to any other team," Manning said. "So that's been humbling for me. A lot of times these coaches do a double take and say, 'I thought you were supposed to be this smart

quarterback. How come you keep having to run it again?' But there has been no carry-over. That's presented a challenge, but that's a challenge I've embraced."

Manning was considered a maestro on the football field with the Colts. He was a master at dissecting defences and changing plays at the line. Manning had an odd way of calling audibles, putting on a show with his gyrations, finger-pointing and foot-stomping.

It may take him a while to be that animated in Denver. But even a tamer Manning can be successful.

"Everybody keeps asking me, 'Are you settled yet? Are you settled yet?' Really, not even close," Manning said.

THE ASSOCIATED PRESS

Mobile sports



Alex Zanardi has had plenty to celebrate at the Paralympics after winning two gold medals in paracycling. And as the Paralympics came to a close on Sunday night, the former Formula One driver who lost his legs in a horrific 2001 crash had a chance to reflect on 'the process' of becoming a champion again. Scan the code for the story.

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MLB

AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
New York	79	61	.564	—
Baltimore	78	62	.557	1
Tampa Bay	77	63	.550	2
Toronto	64	75	.460	14½
Boston	63	78	.447	16½
CENTRAL DIVISION				
	W	L	Pct	GB
Chicago	75	64	.540	—
Detroit	73	66	.525	2
Kansas City	63	77	.450	12½
Cleveland	59	81	.421	16½
Minnesota	58	82	.414	17½
WEST DIVISION				
	W	L	Pct	GB
Texas	83	57	.593	—
Oakland	79	60	.568	3½
Los Angeles	77	63	.550	6
Seattle	67	74	.475	16½

Sunday's results

N.Y. Yankees 13, Baltimore 3
Toronto 4, Boston 3
Tampa Bay 6, Texas 0
Minnesota 8, Cleveland 7
Kansas City 2, Chicago White Sox 1, 10 innings
L.A. Angels 3, Detroit 2
Oakland 4, Seattle 2
Saturday's results
Chicago White Sox 5, Kansas City 4
Baltimore 5, N.Y. Yankees 4
Minnesota 3, Cleveland 0
Texas 4, Tampa Bay 2, 10 innings
Toronto 9, Boston 2
L.A. Angels 6, Detroit 1
Oakland 6, Seattle 1

Monday's games

All Times Eastern

Cleveland (Masterson 11-12) at Minnesota (Deduno 5-3), 8:10 p.m.
Detroit (Porcello 9-11) at Chicago White Sox (Quintana 5-4), 8:10 p.m.
Oakland (J.Parker 9-8) at L.A. Angels (Haren 10-10), 10:05 p.m.
Tuesday's Games
Tampa Bay at Baltimore, 7:05 p.m.
Seattle at Toronto, 7:07 p.m.
N.Y. Yankees at Boston, 7:10 p.m.
Cleveland at Texas, 8:05 p.m.
Detroit at Chicago White Sox, 8:10 p.m.
Kansas City at Minnesota, 8:10 p.m.
Oakland at L.A. Angels, 10:05 p.m.

CYCLING

SPANISH VUELTA

At Madrid

Final stage

(a 114.3-kilometre ride from Cercedilla into and around Madrid):

1. John Degenkolb, Germany, Argos-Shimano, two hours, 44 minutes, 57 seconds;
 2. Elia Viviani, Italy, Liquigas-Canondale, same time;
 3. Daniele Bennati, Italy, RadioShack-Nissan, s.t.;
 4. Allan Davis, Australia, Orica Greenedge, s.t.;
 5. Koldo Fernandez, Spain, Garmin-Sharp, s.t.
- FINAL STANDINGS**
1. Alberto Contador, Spain, SaxoBank, 84 hours, 59 minutes, 49 seconds;
 2. Alejandro Valverde, Spain, Movistar, 1:16 behind;
 3. Joaquin Rodriguez, Spain, Katusha, 1:37;
 4. Christopher Froome, Britain, Team Sky, 10:16;
 5. Daniel Moreno, Spain, Katusha, 11:29.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Washington	86	54	.614	—
Atlanta	81	60	.574	5½
Philadelphia	69	71	.493	17
New York	65	75	.464	21
Miami	63	78	.447	23½
CENTRAL DIVISION				
	W	L	Pct	GB
Cincinnati	84	57	.596	—
St. Louis	75	65	.536	8½
Pittsburgh	72	67	.518	11
Milwaukee	69	71	.493	14½
Chicago	54	86	.386	29½
Houston	44	96	.314	39½
WEST DIVISION				
	W	L	Pct	GB
San Francisco	79	61	.564	—
Los Angeles	74	67	.525	5½
Arizona	69	72	.489	10½
San Diego	66	75	.468	13½
Colorado	56	83	.403	22½

Sunday's results

Philadelphia 3, Colorado 2, 1st game
Philadelphia 7, Colorado 4, 2nd game
Atlanta 3, N.Y. Mets 2, 10 innings
Houston 5, Cincinnati 1
Chicago Cubs 4, Pittsburgh 2
Miami 8, Washington 0
St. Louis 5, Milwaukee 4, 10 innings
San Diego 8, Arizona 2

San Francisco 4, L.A. Dodgers 0

Saturday's results

Washington 7, Miami 6, 10 innings
Atlanta 11, N.Y. Mets 3
L.A. Dodgers 3, San Francisco 2
Chicago Cubs 4, Pittsburgh 3
Colorado at Philadelphia, ppd., rain
Cincinnati 5, Houston 1
Milwaukee 6, St. Louis 3
Arizona 8, San Diego 5

Monday's games

All Times Eastern

Miami (LeBlanc 2-3) at Philadelphia (K.Kendrick 8-10), 7:05 p.m.
Pittsburgh (W.Rodriguez 10-13) at Cincinnati (Latos 12-4), 7:10 p.m.
Washington (G.Gonzalez 18-7) at N.Y. Mets (McHugh 0-1), 7:10 p.m.
Chicago Cubs (Volstad 2-10) at Houston (Keuchel 1-7), 8:05 p.m.
Atlanta (Minor 8-10) at Milwaukee (W.Peralta 1-0), 8:10 p.m.
San Francisco (Vogelsong 12-7) at Colorado (White 2-8), 8:40 p.m.
St. Louis (J.Garcia 4-6) at San Diego (Stults 5-2), 10:05 p.m.
Tuesday's Games
Miami at Philadelphia, 7:05 p.m.
Pittsburgh at Cincinnati, 7:10 p.m.
Washington at N.Y. Mets, 7:10 p.m.
Chicago Cubs at Houston, 8:05 p.m.
Atlanta at Milwaukee, 8:10 p.m.
San Francisco at Colorado, 8:40 p.m.
L.A. Dodgers at Arizona, 9:40 p.m.
St. Louis at San Diego, 10:05 p.m.

BLUE JAYS 4, RED SOX 3

Toronto	ab	r	h	bi	Boston	ab	r	h	bi
Lawrie 3b	5	0	1	0	Kalish lf	2	0	1	0
Rasmus cf	3	0	0	0	Nava ph-rf	1	0	0	0
Encmc dh	3	0	0	0	Psdnkl lf	3	0	0	0
Lind lb	4	0	0	0	Pedroia 2b	4	1	2	1
RDavis lf	3	2	2	0	Loney 1b	4	0	1	0
Gose rf	4	1	2	0	DeJesse pr	0	0	0	0
Mathis c	3	1	1	1	C.Ross dh	3	1	2	0
KJhnsn ph	0	0	0	0	Ellsury cf	4	1	1	2
Torreal c	0	0	0	0	Aviles ss	4	0	0	0
Vizquel 2b	2	0	0	2	Lwmwy c	3	0	1	0
Hchvrr ss	3	0	1	1	Ciriaco 3b	3	0	0	0
Totals	30	4	7	4	Totals	31	3	8	3
Toronto	000	300	001	4					
Boston	020	001	000	3					

DP—Toronto 2. LOB—Toronto 6, Boston 4. 2B—C.Ross (30), Lavamway (41). HR—Pedroia (14), Ellsury (3). SB—R.Davis (41), Gose (14), K.Johnson (11). S—Rasmus, Podsednik. SF—Vizquel 2.

Toronto	IP	H	R	ER	BB	SO
Villanueva	6	7	3	3	2	2
Delabar	1	0	0	0	0	1
Loup	2-3	0	0	0	0	0
Lyon W,2-0	1-3	0	0	0	0	0
Janssen S,20-23	1	1	0	0	0	1
Boston						
Buchholz L,11-6	8	2-3	7	4	4	3
Tazawa	1-3	0	0	0	0	1
Umpires—Home, Clint Fagan; First, Chris Guccione; Second, Jeff Nelson; Third, Bill Welke. T—3:03. A—37,226 (37,067).						

TRANSACTIONS

MLB

AMERICAN LEAGUE

BOSTON — Activated OF Daniel Nava from the 15-day DL

CLEVELAND — Activated INF Lonnie Chisenhall from the 60-day DL. Transferred RHP Josh Tomlin from the 15- to 60-day DL

N.Y. YANKEES — Activated RHP Ivan Nova from the 15-day DL.

NFL

HOUSTON — Signed QB Matt Schaub to a four-year contract extension and DE Tim Jami-son to a two-year contract extension.

WHL

VICTORIA — Waived F Mike Forsyth and G Keith Hamilton. Released F Clay Spencer.

CIS

WEEK TWO

Saturday's results

Acadia 21 Saint Mary's 16
Guelph 28 Windsor 9
Laval 28 Bishop's 22
Manitoba 31 Saskatchewan 28
McMaster 68 Waterloo 21
Queen's 42 Wilfrid Laurier 16
Western Ontario 62 Toronto 7
York 47 Ottawa 36
Friday's results
Calgary 65 Alberta 6
Montreal 48 Concordia 10
Regina 49 British Columbia 20
Sherbrooke 46 McGill 14
St. Francis Xavier 51 Mount Allison 5

GOLF

PGA BMW CHAMPIONSHIP

At Carmel, Ind.

Par 72 (36-36)

Final Round

Rory McIlroy, \$1,440,000
Phil Mickelson, \$704,000
Lee Westwood, \$704,000
Robert Garrigus, \$352,000
Tiger Woods, \$352,000
Dustin Johnson, \$278,000
Adam Scott, \$278,000
Vijay Singh, \$248,000
Jim Furyk, \$232,000
Ryan Moore, \$208,000
Bo Van Pelt, \$208,000
Zach Johnson, \$162,000
Chris Kirk, \$162,000
Ian Poulter, \$162,000
Bubba Watson, \$162,000
Greg Chalmers, \$108,600
Tom Gillis, \$108,600
Padraig Harrington, \$108,600
John Huh, \$108,600
Troy Matteson, \$108,600
Seung-Yul Noh, \$108,600
Louis Oosthuizen, \$108,600
Justin Rose, \$108,600
Ben Curtis, \$73,600
Sergio Garcia, \$33,600
Kevin Na, \$62,800
Steve Stricker, \$62,800
Brendon de Jonge, \$53,200
Luke Donald, \$53,200
Jason Dufner, \$53,200
Ernie Els, \$53,200
Geoff Ogilvy, \$53,200
Charl Schwartzel, \$53,200
J.B. Holmes, \$43,200
Graeme McDowell, \$43,200
Kyle Stanley, \$43,200
Graham DeLaet, \$36,800
Bob Estes, \$36,800
Scott Piercy, \$36,800
Brandt Snedeker, \$36,800
Ben Crane, \$30,400
Rickie Fowler, \$30,400
Brian Harman, \$30,400
Charlie Wi, \$30,400
Also
David Hearn, \$16,720

LPGA-KINGSMILL CHAMPIONSHIP

At Williamsburg, Va.

Par: 71

Final Round

Jiyai Shin
Paula Creamer
Karinke Icher
Danielle Kang
Angela Stanford
Catriona Matthew
Mika Miyazato
Ai Miyazato
Maria Hjorth
Gerina Pillier
Stacy Lewis
Azahara Munoz
Dewi Claire Schreefel
Pernilla Lindberg
Anna Nordqvist
Karin Sjodin
Sandra Gal
Candie Kung
Lexi Thompson
Also
Isabelle Beisiegel
Lorie Kane

EUROPEAN PGA KLM OPEN

At Hilversum, Netherlands

Par 70

Final Round

Peter Hanson
Pablo Larrazabal
Richie Ramsay
Scott Jamieson
Henrik Stenson

64-68-69-67—268
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Brandt Snedeker, \$36,800
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Charlie Wi, \$30,400
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Scott Piercy, \$36,800
Brandt Snedeker, \$36,800
Ben Crane, \$30,400
Rickie Fowler, \$30,400
Brian Harman, \$30,400
Charlie Wi, \$30,400
Also
David Hearn, \$16,720

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68-70-69-75—282
64-70-74-75—283
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Scott Piercy, \$36,800
Brandt Snedeker, \$36,800
Ben Crane, \$30,400
Rickie Fowler, \$30,400
Brian Harman, \$30,400
Charlie Wi, \$30,400
Also
David Hearn, \$16,720

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A dramatic, high-contrast illustration for an Old Spice advertisement. The scene is set against a backdrop of intense orange and red flames, with a volcano erupting on the left. In the center, a man in a white, torn shirt and light-colored pants is perched on a red and black motorcycle. A woman with long, flowing red hair, wearing a bikini, is seated on the motorcycle. To the right, a ninja in a dark blue and red outfit is leaping through the air, holding a long, curved sword. The motorcycle is positioned as if it's about to launch or has just landed. Below the main scene, the words "THE SCENT OF COURAGE" are written in large, bold, stone-like letters. Underneath this, the "Old Spice" logo is written in a cursive script. In the bottom right corner, three Old Spice products are displayed: a white deodorant stick, a red body wash bottle, and a yellow body wash bottle. Below the products, the text "INTRODUCING DANGER ZONE" is written in a bold, sans-serif font.

THE SCENT OF COURAGE

Old Spice

INTRODUCING
DANGER ZONE

Horoscopes

Aries

March 21 - April 20

Go easy on yourself this week, especially on the work front where not only are you being ridiculously ambitious but others are expecting you to work yourself into the ground. Your health must always come first.

Taurus

April 21 - May 21

All types of relationships will go well for you now but affairs of the heart will go best of all, so stop worrying that a certain person does not like you as much as you like them – it isn't true.

Gemini

May 22 - June 21

Family matters of all kinds will go better now with both the Sun and Mercury, your ruler, moving through the domestic area of your chart. They will go better still if you forgive those who have let you down.

Cancer

June 22 - July 23

You will need to make allowances over the next few days for those who cannot think or act as fast as you. Stay calm and don't let little things annoy you. Mental, emotional and physical relaxation is a must.

Leo

July 24 - Aug. 23

Make sure you get what you deserve, both emotionally and financially. Others will happily give you less than they should if they think they can get away with it, so you must stand up for yourself.

Virgo

Aug. 24 - Sept. 23

Your life is about to take a turn for the better. Few things will faze you this week and even fewer will have a negative effect on your affairs. Your luck will improve and your attitude will improve even more.

Libra

Sept. 24 - Oct. 23

The more you put other people first now the more you will gain personally – it's one of those proverbial win-win situations. It's always what you do one-to-one that changes the world for the better.

Scorpio

Oct. 24 - Nov. 22

Get out and about today because the more you mix the more likely it is you will meet someone who changes your life for the better. Group activities of all kinds are well starred over the next few days.

Sagittarius

Nov. 23 - Dec. 21

Before you start something new make sure it is what you really want to be doing. All too often you begin new projects in a burst of enthusiasm only to lose interest later. Only do what you are passionate about.

Capricorn

Dec. 22 - Jan. 20

No matter how challenging events may be you will take it in your stride and your calm behavior will inspire those around you, both at home and at work. If only everyone could be as composed as you.

Aquarius

Jan. 21 - Feb. 19

Happiness is a state of mind and at the moment your state of mind is being disrupted by worries about your money situation. The new moon on the 16th will resolve matters in your favor. Until then, relax.

Pisces

Feb. 20 - March 20

Recent suspicions about people you live or work with will be swept away over the next 24 hours and you may be a bit embarrassed by your negative attitude. Never mind – no one got hurt.

SALLY BROMPTON

Crossword: (Mount St. Elias Is the Second-Highest)

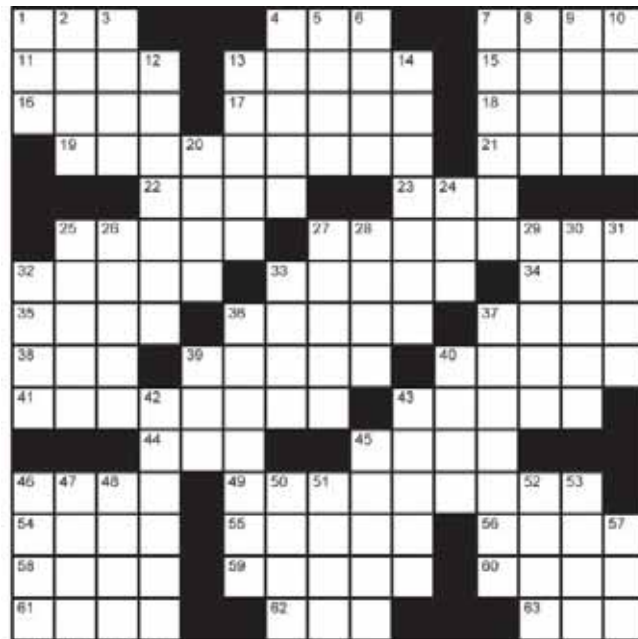
BY MICHAEL WIESENBERG

Across

1. "Beg pardon?"
4. Greek X
7. Daily dosages, casually
11. Guitarist Clapton
13. Brag
15. Shrinking inland sea that forms part of the border between Kazakhstan and Uzbekistan
16. Ancient civilization of the Yucatán
17. Unctuous David Copperfield character ____ Heep
18. World's longest river
19. Guy ____: Québec-born Cirque du Soleil founder, billionaire, International Space Station visitor, and high-stakes poker player
21. Accomplishment
22. Top Olympic medal
23. Exist
25. Carpentry smoother
27. Added up
32. Anjou, Bosc, and Bartlett
33. Prince who's third in line for the UK crown
34. Adam's mate
35. "Give it ____!": "Taste this!" (2 wds.)
36. Mountain ____: The Rockies or Cascades
37. Poker player's response to "Do you want a hand?" (2 wds.)
38. Lord of the Rings actress Tyler (Aerosmith's Steven Tyler's daughter)
39. Liberal ____
40. Crouch
41. Annual 12-Down event
43. Absorb facts
44. Approved
45. Apple covering
46. "Mon ____!": French mild oath
49. Toronto CFL team
54. Pastoral poem
55. Mars or Venus
56. Poker player's reply to "How'd you do?" after a successful session (2 wds.)
58. Encounter
59. Christmases
60. Dickens' A ____ of Two Cities
61. Backtalk
62. Classic British sports cars
63. Distribute seeds

Down

1. Bottom seam
2. Russian mountain range or river
3. Breezy greeting
4. Hollowed out, as an apple
5. Ponytail material
6. "The hour ____ hand": (2 wds.)
7. Ontario-born Howie of Deal or No Deal
8. Great Lake
9. Broad lowland
10. Winter conveyance
12. Alberta's largest city
13. BC-born pop singer Michael
14. IMAX ____
20. Accelerator particles
24. Sunbeam
25. Small: Fr.
26. Cocoon spinner
27. Aunt: Fr.
28. Bacchanal
29. Madagascar tree climber
30. Perrier or Aquafina competitor
31. Minor automobile accident result
32. Buddies
33. Difficult
36. Edmonton-born actress ____ Chong (Tommy's



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Friday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's Sudoku



Weather

MONDAY



MAX: 14°
MIN: 7°

TUESDAY

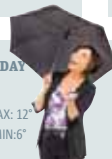


MAX: 12°
MIN: 8°

WEDNESDAY



MAX: 12°
MIN: 6°



MICHELE MCDUGALL
WEATHER SPECIALIST

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 5:30 AM



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The Honda
2012
MODEL
CLEAROUT
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DODGE
CHARGER

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2008
CHEVROLET
UPLANDER

\$7,917 **\$60⁵³** BV



2010
FORD
FUSION

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2008
NISSAN
VERSA

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2012 MODELS!



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EXT CAB

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2006 HONDA
CIVIC
HYBRID

\$7,717 **\$118⁶⁵** BV



2005
CADILLAC
CTS

\$9,717 **\$149⁴⁰** BV



2006
DODGE
CHARGER

\$8,717 **\$134⁰³** BV



2006
SATURN
VUE

\$6,717 **\$103²⁸** BV

2009 SUBARU IMPREZA WRX

\$29,717
\$227⁵⁸ BV



2007 TOYOTA SIENNA

\$15,717
\$111⁸⁹ BV



2008 MUSTANG GT CONVERTIBLE

\$19,717
\$151⁰⁰ BV



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\$16,860



\$39,860



\$32,860



\$38,860



\$15,860



\$29,860



\$17,860



\$30,860



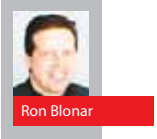
\$17,860



\$31,860



\$34,860



\$16,860



\$23,860



\$17,960



\$31,860



\$6,850



\$10,860



\$36,860



\$12,860



\$21,640



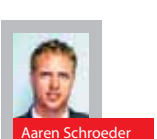
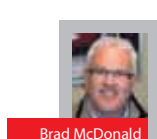
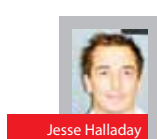
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2009 DODGE SRT4 CALIBER
#2R24898A

2009 CHRYSLER ASPEN HYBRID
LTD #2GH4694A

2011 JEEP WRANGLER
UNLIMITED SPORT #2R18393A

2007 MAZDA 3 GT #2T47508A

2008 FORD ESCAPE XLT
#2GC5630A, \$13,640.00

2010 DODGE RAM 1500 SPORT
CREW CAB #P3240

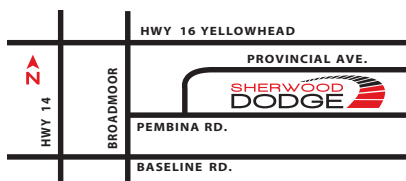
2008 DODGE RAM 1500 SLT
4X4 #2R36070A

2006 VOLVO V50 AWD #2R13636C

2007 CHEV TAHOE LTZ #3DR8146A



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